

# Hey Praise the Lord

Count: 32

Wall: 4

Level: Improver

Choreographer: Carol Cotherman (USA) - March 2022

Music: Praise The Lord (feat. Thomas Rhett) - BRELAND



## #16 count intro. - 4-Count Tag (1X) 8-Count Tag (2X)

### Step, Kick, Back, Rock, Recover, Step, Kick, Back, Rock, Recover

- 1-2 Step left forward, kick right forward
- 3-4& Step right back, rock left back, recover to right
- 5-6 Step left forward, kick right forward
- 7- 8& Step right back, rock left back, recover to right

### Triple Step, Step, ½ Turn, Triple Step, Step, ¼ Turn with Touch

- 1&2 Step left forward, step right by left, step left forward, Step right forward, ½ turn left taking weight to left
- 3-4 Step right forward, ½ turn left taking weight to left
- 5&6 Step right forward, step left by right, step right forward
- 7-8 Step left forward, ¼ turn right keeping weight on left and touch right toe by left (9:00)

### Kick & Toe & Toe & Heel & Toe & Toe & Heel & Heel &

- 1&2& Kick right forward, step right in place, touch left toe by right, step left in place,
- 3&4& Touch right toe by left, step right in place, touch left heel forward, step left in place
- 5&6& Touch right toe by left, step right in place, touch left toe by right, step left in place
- 7&8& Touch right heel forward, step right in place, touch left heel forward, step left in place

### Step, ½ Turn, Kickball Step, Wizard Step, Kickball Step

- 1-2 Step right forward, ½ turn left taking weight to left
- 3&4 Kick right forward, step right ball in place, step left slightly forward
- 5-6& Step right to slight right diagonal, lock left behind right, step right forward
- 7&8 Kick left forward, step left ball in place, step right slightly forward (3:00)

## REPEAT

### Tags: End of Wall 1 (facing 3:00): 4-Count Tag

#### V Step with Snaps

- 1&2& Step left out slightly forward, snap, step right out slightly forward, snap
- 3&4& Step left back in place, snap, step right back in place, snap

### End of Wall 2 (6:00) & 5 (3:00): 8-Count Tag

#### V Step with Snaps, Step, ½ Turn, Step, ½ Turn

- 1&2& Step left out slightly forward, snap, step right out slightly forward, snap
- 3&4& Step left back in place, snap, step right back in place, snap
- 5-6 Step left forward, ½ turn right taking weight to right
- 7-8 Step left forward, ½ turn right taking weight to right

**\*\*Snaps Suggestions: First two are at head height and the third and fourth are at the waist**

Last Update - 12 Apr 2022