

# Invisible Heart

**COPPER** **KNOB**  
BY SHEETS

Count: 48

Wall: 4

Level: Improver

Choreographer: Tina Argyle (UK) - March 2022

Music: Drown - Nadine Somers



Count In : 24 counts from start of track approx 11 seconds in

## Step Fwd. Hitch, Step Back Hook

1,2,3 Step forward L, hitch R over 2 counts  
4,5,6 Step back R, hook L over R over 2 counts

## Step Fwd. Sweep ¼ Turn, Cross, Side, Behind

1,2,3 Step forward left, Sweep R anti-clockwise making ¼ turn left onto left (9 o'clock)  
4,5,6 Cross right over left, step left to left side, cross right behind left

## Sway Left Sway Right (use arms with sways if you wish)

1,2,3 Step L to left side taking weight swaying body to the left  
4,5,6 Transfer weight onto R swaying body to the right

## Left. 1¼ Rolling Turn R

1,2,3 Transfer weight onto L swaying body to the left  
4,5,6 Make ¼ turn right stepping fwd R, Make ½ turn right stepping back L, Make ½ turn right stepping fwd R

(Alternative move to 1¼ turn – make the first ¼ turn onto R then run fwd L R) (12 o'clock)

\*\*\* Re Start here during WALL 6 facing 9 o'clock \*\*\*

## Step Sweep Jazz Box

1,2,3 Step fwd L Sweep R  
4,5,6 Cross right over left, step left to left side, rock weight onto right

## Step Sweep Jazz Box ¼ Turn

1,2,3 Step fwd L Sweep R  
4,5,6 Cross right over left, make ¼ turn right stepping back L, step R to right side (3 o'clock)

## Slow Prissy Walks Forward with Sweeps (for added attitude drag the trailing foot into the sweep)

1,2,3 Step fwd L slightly over R Sweep R over 2 counts  
4,5,6 Step fwd R slightly over L Sweep L over 2 counts

## Walk Forward with Sweep Rock ½ Turn

1,2,3 Step fwd L slightly over R Sweep R over 2 counts  
4,5,6 Rock forward R recover onto L make ½ turn right stepping forward R (9 o'clock)

I can't thank Nadine enough for trusting me with this track and asking me to write to it