

# Easy Flow

Count: 40

Wall: 4

Level: Improver

Choreographer: Forty Arroyo (USA) - March 2022

Music: Nu Flow - Big Brovaz



A Hayloft Floor Split for the intermediate dance "Nu Flow" by Masters In Line

#31 count intro – starts on count 32

**[1-8] KICK BALL CHANGE, STEP, CLAP, KICK BALL CHANGE, STEP CLAP**

1&2 Kick R forward, Step ball of R in place, Step slightly forward on L  
3,4 Step R forward, Clap  
5&6 Kick L forward, Step ball of L in place, Step slightly forward on R  
7,8 Step L forward, Clap

**[9-16] BACK R, TOUCH L, BACK LEFT, TOUCH R - REPEAT**

1,2 Step back R right diagonal, Touch L next to R  
3,4 Step back L left diagonal, Touch R next to L  
5,6 Step back R right diagonal, Touch L next to R  
7,8 Step back L left diagonal, Touch R next to L

**[17-24] V STEP (OUT, OUT, IN, IN), TAP, TAP, KICK, TOUCH**

1,2 (Out, Out) Step forward R right diagonal, Step L forward L left diagonal  
3,4 Step R in place – original position, Step L next to R  
5,6 Tap R toes next to L – twice  
7,8 Kick R forward – R diagonal, Touch R next to L

**[25-32] CHASSE' R, ROCK, RECOVER, VINE L WITH ¼ L**

1&2 Step R to side, Step L next to R, Step R to side  
3,4 Rock back on L, Recover weight on R  
5-8 Step L to side, Step R behind, Step forward on L making ¼ L, Touch R next to L – end at 9:00

**[33-40] TWO MONTEREY TURNS WITH ¼ TURN RIGHT**

1,2 Touch R out to side, Turning ¼ to right - step R next to L  
3,4 Touch L out to side, Step L next to R  
5,6 Touch R out to side, Turning ¼ to right - step R next to L  
7,8 Touch L out to side, Step L next to R (end at 3:00)