

# Rock & Roll

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Georgie Mygrant (USA) - March 2022

**Music:** Old Time Rock & Roll - Bob Seger & The Silver Bullet Band



**Intro: 16**

## **Stomp R, Kick R Fwd. Repeat on L**

1-2-3&4 Stomp Rf, Kick R fwd. Step on R/L/R

5-6-7&8 Stomp Lf, Kick L fwd. Step on L/R/L

## **Walk Fwd. R/L, Step Fwd. on R turning ½ Step on R, Step on Step on L,**

1-4 Step fwd. R/L, Step on R turning ½ on R, step on L

5-8 Step fwd. on R/L, Step on R turning ¼ L

## **Tap Toe Fwd. Side, Step next To L, Repeat on L**

1-2-3&4 Touch R Toe Fwd. Side, step R next to L, R/L/R

5-6-7&8 Touch L Toe fwd. Side, step L next to R, L/R/L

## **Box Back**

1-4 Step R to R side, Step L to R, Step Back R, touch L to R

5-8 Step L to L side, Step R to L, Step L fwd. L, Touch R to L

**That's it! A fun dance for beginners. A little peppy, but easy to do. Enjoy! If you have any problems, please contact me. [mygeo@adamswells.com](mailto:mygeo@adamswells.com)**

**Please do not change routine without permission. Thank you**

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