

Teach Me How To Love

Count: 64

Wall: 4

Level: Phrased Low Intermediate

Choreographer: Sophia KSF (MY) - March 2022

Music: Teach Me How To Love - Shawn Mendes



SEQUENCE : A BB Tag A-(46C) BB A-(32c)A-(32c) BB A-(32c)A-(32c)

Tag – Hold for 2 counts

Dance starts 3 sec into music, start of vocal

PART A

Section 1 : RF side rock recover on LF, behind side cross, LF side rock recover on RF, behind side forward

- 1-2 Rock RF to right and recover on LF
- 3&4 RF behind LF, LF to left, cross RF over LF
- 5-6 Rock LF to left and recover on RF
- 7-8 LF behind RF, RF to right, forward LF

Section 2 : RF forward, recover on LF, ¼ right, RF to R, close LF to RF, point RF and drag in, point LF and drag in

- 1-2 RF forward, recover onto LF
- 3-4 RF to right with ¼ right turn, close LF to RF
- 5-6 Point RF to right by bending slightly, drag in towards LF with inner edge of RF
- 7-8 Point LF to left by bending slightly, drag in towards RF with inner edge of LF

Section 3 : Point LF over RF, ½ turn left sweep, LF back, RF touch forward with hip bump, diagonal lockstep right left

- 1 Point LF over RF
- 2-3 ½ turn left, sweeping LF from front to back, step back on LF
- & 4 Touch RF forward lifting right hip up and down
- 5&6 RF forward diagonal right, lock LF behind RF, RF forward
- 7&8 LF forward diagonal left, lock RF behind LF, LF forward

Section 4: Step back on right, point left, step back on left and point right x 2

- 1-2 Step RF back, point LF to left
- 3-4 Step LF back, point RF to right
- 5-6 Step RF back, Point LF to left
- 7-8 Step LF back, point RF to right

Section 5 : Jazzbox, RF forward, pivot ½ turn L, ½ turn L RF back, ¼ turn L, LF to L

- 1-2 Cross RF over LF, step LF back
- 3-4 Step RF to right, LF forward
- 5-6 RF forward, pivot ½ turn left, LF in place
- 7-8 ½ turn left with RF back, ¼ turn left, LF to left

Section 6 : Shuffle RF forward, forward left, pivot ½ turn R, forward left mambo, RF to R recover on LF, touch RF besides LF

- 1&2 RF forward, LF next to RF, RF forward
- 3-4 LF forward, pivot ½ turn right, weight on RF
- 5&6 LF forward, RF in place, LF back
- 7&8 RF to right, recover weight on LF, RF touch next to LF

PART B

Section 1 : RF press forward, place hands across body, change side, run hands down side of body while

doing body roll

- 1-2 Press RF forward, right hand touch left shoulder (1), left hand touch right waist (2)
- 3-4 Draw both hands to opposite side (right hand on right shoulder, left hand on left waist)
- 5-8 Run both hands down side of body while doing a full body roll

Section 2 : Right sailor steps, Left sailor steps, RF step & touch LF, LF step & touch RF (option to roll hips)

- 1&2 RF behind LF, LF to left and RF to right
- 3&4 LF behind RF, RF to right and LF to left
- 5-6 Step RF in place, touch LF to left
- 7-8 Step LF in place, touch RF to right

ENJOY THE DANCE!!

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