

500 Miles

Count: 32

Wall: 4

Level: Beginner

Choreographer: Mark Wuyts (BEL) - March 2022

Music: I'm Gonna Be (500 Miles) - The Proclaimers : (Modified)



Intro: 16 counts, start on vocals.

Side, touch, R & L; walk 3 to the R, touch;

1-4 Side R, touch L together, Side L, touch R together;
5-8 Turn ¼R walk 3, turn ¼L touch;

Side, touch, L & R; walk 3 to the L, touch;

1-4 Side L, touch R together, Side R, touch L together;
5-8 Turn ¼L walk 3, turn ¼R touch;

Coasterstep 4; turn ¼L – walk back 4;

1-4 Back R, close L, forward R, close L;
5-8 Turn ¼L – walk backward 4;

Kick, step, 2x; twist 4;

1-4 Kick R, close R to L, kick L, close L to R;
5-8 Twist 4 (heels go R-L-R-L);

Modified music: https://youtu.be/OyKBd_AI-ml

Or You can email me for the modified music: melodia@telenet.be

Happy Dancing !!
