## C'est La Vie 2022 (P)

Level: Novice Partner

Choreographer: Nancy Milot (CAN), Guy Dubé (CAN), Helene Lavoie (CAN) & Michel Auclair (CAN) - February 2022

Music: C'est La Vie - Surfaces & Thomas Rhett

Start: In Promenade position, man: step L and lady: step R. The partners are face LOD.

Intro: 16 counts, No Tag No Restart.

**Count: 32** 

## [1-8] M: STEP FWD, FLICK, 1/4 TURN L and CHASSÉ to R, ROCK SIDE, FLICK, SHUFFLE in 1/2 TURN R [1-8] L: STEP FWD, FLICK, 1/4 TURN R and CHASSÉ to L, ROCK SIDE, FLICK, SHUFFLE in 1/2 TURN L 1-2 M: Step L forward, step R bending behind L knee (flick) L: Step R forward, step L bending behind R knee (flick) 3&4 M: 1/4 turn to left and chassé to right with RLR OLOD L: 1/4 turn to right and chassé to left with LRL ILOD 5-6 M: Recover weight on step L, step R bending behind L knee (flick) L: Recover weight on step R, step L bending behind R knee (flick) M: Shuffle in 1/2 turn to right with RLR (ending cross step R over L) OLOD 7&8 L: Shuffle in 1/2 turn to left with LRL (ending cross step L over R) ILOD \*\*\* You are now face to face in position Close Western position. 19-161 M: STEP SIDE, TOGETHER, CHASSÉ to L in 1/4 TURN R, 1/2 TURN R, STEP, MAMBO STEP FWD [9-16] L: STEP SIDE, TOGETHER, CHASSÉ to R in 1/4 TURN L, 1/2 TURN L, STEP, MAMBO STEP FWD 1-2 M: Step L to left side, step R together L L: Step R to right side, step L together R M: Step L to left side, step R together L, 1/4 turn to right and step L back RLOD 3&4 L: Step R to right side, step L together R, 1/4 turn to left and step R back RLOD 5-6 M: 1/2 turn to right and step R forward, step L forward LOD L: 1/2 turn to left and step L forward, step R forward LOD \*\*\* On count 5. let go both hands. \*\*\* On count 6, the man with his R hand take back the lady's L hand. You are now in Promenade position. M: Rock step R forward, recover on L, step R back 7&8 L: Rock step L forward, recover on step R, step L back [17-24] M: STEP SIDE, TOGETHER, SHUFFLE FWD, 2X (WALK DIAG. FWD), SHUFFLE FWD [17-24] L: STEP SIDE, TOGETHER, SHUFFLE FWD, 1/2 TURN R and 2X WALK BACK, SHUFFLE BACK 1-2 M: Step L to left side, step R together L L: Step R to right side, step L together R 3&4 M: Shuffle forward with LRL L: Shuffle forward with RLR 5-6 M: Walk forward diagonaly to right with RL L: 1/2 turn to right and walk back with LR RLOD \*\*\* On count 5, the man with his R hand, raise the lady's L hand over her head. \*\*\* On count 6, the man with his L hand take back the lady's R hand. \*\*\* You are now in Double Hand Hold position. M: Shuffle forward with RLR 7&8 L: Shuffle back with LRL [25-32] M: ROCK SIDE, RECOVER, COASTER STEP, 2X (WALK FWD), TRIPLE STEP [25-32] L: ROCK SIDE, RECOVER, COASTER STEP, 2X (WALK FWD), SHUFFLE in HALF-CIRCLE to L

- 1-2 M: Rock side left, recover on R
  - L: Rock side right, recover on L



Wall: 0

- 3&4 M: Step L back, step R together L, step L forward
  - L: Step R back, step L together R, step R forward
- 5-6 M: Walk forward with RL
  - L: Walk forward with LR

\*\*\* On count 5, the man let go the lady's R hand and lead with his R hand, the lady's L hand toward the man's L shoulder.

\*\*\* On count 6, the man let go the lady's L hand.

7&8 M: Triple step on place with RLR

L: Shuffle in half-circle to left with LRL LOD

\*\*\* On count 7&8, the lady slide her L hand on the man's shoulders from left toward right.

\*\*\* On count 8, the man with his R hand take back the lady's L hand.

\*\*\* You are back in Promenade position.

HAVE FUN & ENJOY ! NANCY & GUY, HÉLÈNE & MICHEL