

A Good Mood

Count: 32

Wall: 4

Level: Improver

Choreographer: Barbara R. K. Wallace (CAN) & Luanne Arndt (CAN) - December 2021

Music: Good Mood (Original Song From Paw Patrol: The Movie) - Adam Levine



Intro: 8 Counts, 1 easy restart after 16 counts on wall 5

Rock forward right, recover left, right toe back, unwind ½ turn right, left diagonal step, touch, right heel grind ¼ right

- 1,2 Rock forward right, recover left
- 3,4 Touch right toe slightly behind left, unwind ½ right leaving weight on right (6:00)
- 5,6 Step left diagonally forward to left, touch right beside left
- 7,8 Right heel grind making ¼ turn right (9:00)

Rock back right, recover left, shuffle forward, step forward left, hold, ball step forward left, hold

- 1,2 Rock back right, recover left
- 3&4 Shuffle forward right, left, right
- 5,6 Step forward left, hold
- &7,8 Step right together on ball of right (&), step forward left, hold (9:00)

(Restart here during wall 5. You will be facing 9 o'clock)

Pivot ¼ left, front weave three, ¼ turn left, pivot ½ left

- 1,2 Step forward right, pivot ¼ turn left (6:00)
- 3-6 Cross right over left, step side left, cross right behind left, ¼ turn left stepping forward left (3:00)
- 7,8 Step forward right, pivot ½ turn left (9:00)

Shuffle forward, pivot ½ turn right, Step forward left, hold, ball step forward left and point right to side

- 1&2 Shuffle forward right, left, right
- 3,4 Step forward left, pivot ½ turn right (3:00)
- 5,6 Step forward left, hold
- &7,8 Step together on ball of right (&), step forward left, point right to right side (3:00)

Restart: After 16 counts during wall 5

Ending: Last sequence (wall 14) begins at 9 o'clock wall. Dance first three counts then unwind ¼ turn right to face the front wall.