

Jet Lag Uld 13

Count: 64

Wall: 2

Level: Intermediate



Choreographer: Suci Kurniati (INA), Sylvia Triwidijatsih (INA), Wiesye Baraoh (INA), Dea Mandriani (INA), Tutuk Kusdaryanti (INA), Shinta Dewi Larasati (INA), Imelda Afriany (INA), Jeannie Atmaja (INA), Mitha Primasari (INA), Nana Carlo (INA), Vincent Al (INA), Hapiz Hamzah (INA), Phopy Yulianti (INA) & Siska Knoch (INA) - October 2021

Music: Jet Lag (feat. Kotak) - Simple Plan

Intro: 32 Counts

S1. LINDY STEP - KICK BALL CROSS - POINT

- 1 & 2 Step R to right side, Step L beside R, Step R to right side
- 3 - 4 Step back on L, Recover on R
- 5 & 6 Kick L forward, Step ball on L beside R, Cross R over L
- 7 - 8 Point L to left side, Hold

S2. CROSS - TURN BACK - CHASSE - FORWARD - HITCH - BACK - FLICK

- 1 - 2 Cross L over R, ¼ turn L step back on R (9.00)
- 3 & 4 Step L to left side, Step R beside L, Step L to left side
- 5 - 6 Step forward on R, Hitch L
- 7 - 8 Step back on L, Flick R (Looking Backward)

S3. V STEP - CHASSE (R - L)

- 1 - 2 Step forward on R to right diagonal, Step forward on L to left diagonal
- 3 - 4 Step R back to center, Step L beside R
- 5 & 6 Step R to right side, Step L beside R, Step R to right side
- 7 & 8 Step L to left side, Step R beside L, Step L to left side

S4. KICK BALL CHANGE (2x) - JAZZ BOX TURN

- 1 & 2 Kick R to right diagonal, Step ball on R beside L, Step L in place
- 3 & 4 Kick R to right diagonal, Step ball on R beside L, Step L in place
- 5 - 6 Cross R over L, ¼ turn right step back on L (12.00)
- 7 - 8 Step R to right side, Cross L over R

S5. SIDE - TURN HITCH - BACK - HOOK - TURN SIDE - TOUCH - SHUFFLE

- 1 - 2 Step R to right side, 1/4 turn left hitch L (9.00)
- 3 - 4 Step back on L, Hook R in front L knee
- 5 - 6 ¼ turn left step R to right side (6.00), Touch L beside R
- 7 & 8 Step forward on L, Step R beside L, Step forward on L

S6. CHASSE - TURN - CHASSE - MODIFIED JAZZBOX

- 1 & 2 Step R to right side, Step L beside R, Step R to right side
- 3 & 4 ½ turn left step L to left side (12.00), Step R beside L, Step L to left side
- 5 - 6 Scuff R, Cross R over L
- 7 - 8 Step back on L, Step R to right side

S7. KICK - SAILOR STEP - KICK - COASTER STEP

- 1 - 2 Kick L to right diagonal, kick L to left side
- 3 & 4 Cross L behind R, Step R to right side, Step L in place
- 5 - 6 Kick R to left diagonal, Kick R to right side
- 7 & 8 Step back on R, Step L beside R, Step forward on R

S8. CHASSE BOX - KICK BALL CHANGE

- 1 & 2 Step L to left side, Step R beside L, Step L to left side
3 & 4 ¼ turn left step R to right side (9.00), Step L beside R, Step R to right side
5 & 6 ¼ turn left Step L to left side (6.00), Step R beside L, Step L to left side
7 & 8 Kick R forward, Step ball on R beside L, Step L in place

NOTE:

TAG: After wall 2

- 1 - 2 Step forward on R to right diagonal, Step forward on L to left diagonal
3 - 4 Step R back to center, Step L beside R
& 5 Both out on R L
& 6 Both in on R L
& 7 Both out on R L
& 8 Both in on R L

BRIDGE: After wall 4

- 1 - 2 Cross R over L, Sweep L from back to front
3 - 4 Cross L over R, Step R to right side
5 - 6 Cross L behind R, Sweep R from front to back
7 - 8 Cross R behind L, ¼ turn L step forward on L

- 1 - 2 Step forward on R, Hold
3 - 4 ½ turn left weight on L, Hold
5 - 6 Step forward on R, Hold
7 - 8 ½ turn left weight on L, Hold

After Bridge, start on section 3 (facing 09.00)

Finish on wall 7 on Section 5 + 2 counts

- 1 - 2 ½ turn left point R to right side, Hold

Enjoy Dancing

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