

# Free Spirit

Count: 40

Wall: 4

Level: Intermediate

Choreographer: Christine Widler (AUT) & Silvia Pfister (AUT) - October 2021

Music: Riding Free (Spirit: Riding Free) - Maisy Stella



**Intro: After 16 counts of the heavy beat (2+2 walls)**

**shuffle diagonally fwd r+l, cross, side, sailor step**

- 1&2 Step diagonally forward on right, Step left next to right, Step diagonally forward on right
- 3&4 Step diagonally forward on left, Step right next to left, Step diagonally forward on left
- 5-6 Cross right over left, Step left to left side
- 7&8 Cross right behind left, Step left to left side, Step right to right side

**cross, ¼ turn l, ½ triple turn l, rock step, coaster cross**

- 1-2 Cross left over right, ¼ turn left stepping back on right (9:00)
- 3&4 ¼ turn left stepping left to left side (6:00), Step right next to left, ¼ turn left stepping forward on left (3:00)
- 5-6 Step forward on right, Recover on left
- 7&8 Step back on right, Step left next to right, Cross right over left

**side rock, behind-side-cross, side, hold, touch unwind ½ turn**

- 1-2 Step left to left side, Recover on right
- 3&4 Cross left behind right, Step right to right side, Cross left over right
- 5-6 Step right to right side, Hold
- 7-8 Touch left behind right, ½ turn left unwind (weight on left) (9:00)

**(Restart after 24 counts of Wall 5 facing [9:00])**

**(Restart after 24 counts of Wall 7 facing [12:00])**

**½ turn l, ½ turn l, ¼ turn l-side rock, cross shuffle, side rock**

- 1-2 ½ turn left stepping back on right (3:00), ½ turn left stepping forward on left (9:00)
- 3-4 ¼ turn left stepping right to right side (6:00), Recover on left
- 5&6 Cross right over left, Step left to left side, Cross right over left
- 7-8 Step left to left side, Recover on right

**vaudevilles l+r, rock step, coaster step**

- 1&2& Cross left over right, Step slightly back on right to right side, Left heel to left diagonal, Step left next to right
- 3&4& Cross right over left, Step slightly back on left to left side, Right heel to right diagonal, Step right next to left
- 5-6 Step forward on left, Recover on right
- 7&8 Step back on left, Step right next to left, Step forward on left

**TAG: At the end of Wall 2 facing [12:00]**

**side rock & side rock & pivot ½ turn l, pivot ½ turn l**

- 1-2& Step right to right side, Recover on left, Step right next to left
- 3-4& Step left to left side, Recover on right, Step left next to right
- 5-6 Step forward on right, ½ pivot left (weight on left) (6:00)
- 7-8 Step forward on right, ½ pivot left (weight on left) (12:00)