

# Moody Mama

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Elise Lorcher (USA) - August 2021

**Music:** Lil Mama - Jain



## Section 1

- 1, 2 Step out right , cross behind with left (grapevine)
- &, 3 Hop on right foot, kick Left heel out
- & ,4 Hop on left foot, Cross right in front of left
- 5, 6 Step rock left, recover right
- 7&8 Cross left behind, step out right, cross left in front (weave step)

## Section 2

- 1, 2 Step rock right, recover left
- 3&4 (Sailor step) rock behind right, recover left, step out right
- 5&6 (Coaster turn) Step back ¼ turn left into a ¼, step back right. Step forward left.
- 7&8 Step right, heel swivel out and back

## Section 3

- 1&2 Step left, heel swivel out and back
- 3, 4 Step forward right, step out left.
- 5&6 Heels in, toes in, feet together
- 7, 8 Body roll

## Section 4

- 1&2 Right heel kick out, hop on right, left heel kick out
- 3, 4 Left toe back, Pivot turn 180
- 5, 6 Step forward right, forward left
- 7&8 Step right into a 360 degree spin

**Last Update - 19 Oct. 2021**

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