

# One More Time

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Chrystel Arréou (FR) & Sylvie Tortuyaux-Villemaux (FR) - October 2021

**Music:** One More Time - Rod Stewart



**Intro : 16 counts**

## **STEP R, STEP L, KICK BALL STEP, ROCK STEP, COASTER STEP**

- 1-2 Step R fwd, Step L fwd
- 3&4 Kick R fwd, Step R next to L, Step L fwd
- 5-6 Rock fwd on R, Recover on L
- 7&8 Step back on R, Step L next to R, Step fwd on R

## **STEP L, STEP R, KICK BALL STEP, ROCK STEP, COASTER STEP**

- 1-2 Step L fwd, Step R fwd
- 3&4 Kick L fwd, Step L next to R, Step R fwd
- 5-6 Rock fwd on L, Recover on R
- 7&8 Step back on L, Step R next to L, Step fwd on L

## **SIDE, BEHIND, CHASSE R, CROSS ROCK, CHASSE ¼ TURN L**

- 1-2 Step R on R side, Cross L behind R
- 3&4 Step R on R side, Step L next to R, Step R on R side
- 5-6 Cross L over R, Recover on R
- 7&8 ¼ turn L stepping L fwd, Step R next to L, Step L fwd 9h

## **STEP R, POINT L, STEP L, POINT R, JAZZ BOX**

- 1-2 Step R fwd, Point L to L side
- 3-4 Step L fwd, Point R to R side
- 5-6 Cross R over L, Step back on L 7-8 Step R to R side, Step L fwd

**Tag : At the end of wall 4 (Start 3h), facing 12h, add 8 counts :**

- 1-2 Heel R fwd, Together
- 3-4 Heel L fwd, Together
- 5-6 Point R to R side, Together
- 7-8 Point L to L side, Together

**Bonne danse !! [countrysn10@free.fr](mailto:countrysn10@free.fr) / [lcl78@gmail.com](mailto:lcl78@gmail.com)**