

Trail In Life

COPPER KNOB
BY STEPHEN

Count: 32

Wall: 0

Level: Improver

Choreographer: Lorraine Turner (AUS) - 23 August 2021

Music: Trail in Life - Dean Brody



Start On The Word "Moon"

SIDE ROCK CROSS ON RIGHT - SIDE ROCK CROSS ON LEFT - ½ TURN RIGHT - ¼ TURN LEFT

1&2 Step R to R side - Replace L - Cross R over L
2&4 Step L to L side - Replace R - Cross L over R
5&6 Step fwd on R - ½ Turn R - Step fwd on R
7&8 Step fwd on L - ¼ Turn L - Step fwd on L

FORWARD COASTER STEP - LEFT BACK LOCK - SWEEP RIGHT, BEHIND - STEP LEFT TO LEFT SIDE

1&2 Step fwd on R - Bring L to meet R Step back on R (Forward Coaster Step)
3&4 Step back on L - Bring R back in front of L - Step back on L (Back Lock)
5&6,7 Sweep R behind L - Step L to L side - Step R in front of L - Sweep L across R
&8 Step R to R side - Step L behind R

STEP RIGHT A ¼ TURN RIGHT - STEP LEFT A ¼ TURN RIGHT - SHUFFLE FORWARD RIGHT, LEFT, RIGHT

STEP LEFT A ¼ TURN LEFT - STEP RIGHT A ¼ TURN LEFT - SHUFFLE FORWARD LEFT, RIGHT, LEFT

1,2 Step R a ¼ turn R - Step L a ¼ turn R
3&4 Step fwd on R - Bring L up behind R - Step fwd on R (Shuffle Fwd R,L,R)
5,6 Step L a ¼ turn L - Step R a ¼ turn L
7&8 Step fwd on L - Bring R up behind L - Step fwd on L (Shuffle Fwd L,R,L)

TAG: AFTER FINISHING WALL 2 (FACING 6 O'CLOCK), DO 2 HIP SWAYS
