

My One True Friend

COPPER **NOB**
BY STEPHEN

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Siska Julita (INA) & Fransiska J. Girsang (INA) - August 2021

Music: My One True Friend - Bette Midler : (From the Motion Picture "One True Thing")



Intro 8 counts

S1. CROSS ROCK - ½ TURN RIGHT - FORWARD - KICK HITCH - ½ TURN RIGHT - BACK SWEEP L - R - 1/8 TURN LEFT SAILOR - CLOSE

- 1 Cross R over L
- 2 & 3 Recover on L, Turn ½ to right step R forward, Step L forward (04.30)
- 4 & Kick R forward, Turn ½ to right with hitch R (10.30)
- 5 - 6 Step R back and sweep L, Step L back and sweep R
- 7 & 8 & Cross R behind L, Step L beside, Turn 1/8 right step R beside, Step L close (09.00)

S2. FORWARD - FULL TURN R - L - ¼ TURN LEFT - ¼ DIAMOND - FORWARD R - L

- 1 Step R forward
- 2 & 3 Turn ½ to right step L back, Turn ½ to right step R forward, Step L forward
- 4 & 5 Turn ½ to left Step R back, Turn ½ to left step L forward, Turn ¼ to left step R to side (06.00)
- 6 & 7 Turn 1/8 to left step L back, Step R back, Turn 1/8 to left Step L to side
- 8 & Step R forward, Step L forward (03.00)

S3. ¼ TURN LEFT - COASTER STEP - ANGLING BODY ½ TURN - HITCH - TWINKLE -

- 1 Turn ¼ to left step R back
- 2 & 3 Step L back, Step L together, Step L forward (12.00)
- 4 - 5 Angling body to 6 O'Clock, Back body to 12 O'Clock with hitch R
- 6 & 7 Cross R over L, Step L to side, Step R in place
- & 8 & Cross L over L, Step R to side, Step L in place (12.00)

S4. ARABASQUE - HOOK - ½ TURN SWEEP - FORWARD ROCK - BACK ROCK - TRAVELING TURN

- 1 Step R forward diagonal to left with lift L
- 2 - 3 Step L back with hook, Turn ½ to right step R forward and sweep L
- 4 & 5 Step L forward, Recover on R, Step L back
- 6 & Turn 3/8 to right step R forward, Close L beside R (09.00)
- 7 & Turn 3/8 to right Step R forward, Step L close beside R (01.30)
- 8 & Turn 3/8 to right Step R forward,, Close L beside R (06.00)

Restarts

On Wall 2 & Wall 4 after 28 Counts

On Wall 6, dance up count 15 and step change....

- 8& Turn ¼ to left step R to side, Close L beside R

Tag : 4 counts after Wall 5

- 1 2 3 4 Sway R, L, Turn ½ to left sway R, L

Happy dancing always.....

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Pekanbaru Line Dance Community (PLDC)