

# OK Not to Be OK (Chair Dance)

**COPPER**KNOB  
STEPSHEETS

Count: 32

Wall: 0

Level: Beginner Chair Dance

Choreographer: Gail A. Dawson (USA) - August 2021

Music: OK Not to Be OK - Marshmello & Demi Lovato



## No Tags, No Restarts

Intro - Start when the beat starts - about 32 counts from when she starts singing, when she says "Nothing Left" count in - left is count 5, 6, 7, 8

## TOUCH, TOUCH, TOUCH, STEP, STEP, TOUCH, TOUCH, TOUCH, STEP, STEP

1,2 R step to R with partial weight on ball of foot, recover to L touching R beside L  
3&4 R step to R, L step beside R, R cross over L  
5, 6 L step to L with partial weight on ball of foot, recover to R touching L beside R  
7&8 L step to L, R step beside L, L cross over R

## STEP, TOUCH, STEP, TOUCH, V-STEP

1, 2 R step to R, L touch beside R  
3, 4 L step to L, R touch beside L  
5, 6 R step out to R, L step out to L  
7, 8 R step in, L step beside R

## TOUCH, TOUCH, STEP, CLAP, TOUCH, TOUCH, STEP, CLAP

1, 2 R touch forward, R touch out to the R  
3, 4 R step beside L, clap  
5, 6 L touch forward, L touch out to the L  
7, 8 L step beside R, clap

## KICK, STEP, STEP, KICK, STEP, STEP, HEEL, STEP, HEEL, STEP

1&2 R kick, R step beside L. L step in place  
3&4 L kick, L step beside R, R step in place  
5, 6 R heel cross over L, R step beside L  
7, 8 L heel cross over L, L step beside R

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