

Back To My Old Life AB

COPPER **NOB**
BY STEPHEN

Count: 16

Wall: 2

Level: Absolute Beginner

Choreographer: Sherry Kemp (USA) - June 2021

Music: Back to My Old Life - Roy V



This track is being offered by Roy Verdonk to support the Linedance Foundation at:
royverdonk.bandcamp.com

Donations would also be accepted and appreciated.

My Level 1 and Level 2+ class enjoyed the music and the opportunity to dance to it with this floor split option.
We all thank Roy for his talents and philanthropy.

Start on first "Whoa" after count 16

Mambo forward and back, basic with a touch, right then left

- 1 & 2 Rf step forward, Lf step in place, Rf step next to Lf
- 3 & 4 Lf step back, Rf step in place, Lf step next to Rf
- 5 & 6 & Rf step right, Lf step to Rf, Rf step to right, Lf touch next to Rf
- 7 & 8 & Lf step left, Rf step to Lf, Lf step right, Rf touch next to Lf

"Shadows" Jazz Box, 1/4 shuffles right x2

- 1-4 Rf step forward, Lf cross Rf, Rf step back, Lf step next to Rf
- 5 & 6 Rf step forward, Lf step turning 1/4 right, Rf step forward
- 7 & 8 Lf step forward, Rf step turning 1/4 right, Lf step forward

Have fun dancing to the music!

Last Update: 21 Apr 2023
