

# Let's Get Up

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Vanna Zerlotin (IT) & Paolo Gusella (IT) - June 2021

**Music:** You're Gonna Get Back Up - Lisa McHugh



intro 16 count

Intro - 32 Count Of Instrumental Is Vocal , Start Dancing From [17-24] [25-32]

## Shuffle Forward, Turn ½ Shuffle Back, Coaster Step, Slide

1&2 Right Forward, Close Left Next To Right, Step Right Forward  
3&4 Turn ½ To Right With Left Back, Close Right Next To Left, Step Back Left  
5&6 Step Right Back, Close Left Next Right, Step Right Forward  
7 - 8 Big Step Left To Left, Touch Right Beside Left

(Restart At Wall 3 Ore 6.00)

## Step Lock Step, Step Lock Step, Rock Step Turn 1/2, Step Turn 1/2, Coaster Step

1&2 Step Right Forward, Cross Left Behind Right, Step Right Forward  
3&4 Step Left Forward, Cross Right Behind Left, Step Left Forward  
5&6 Turn ½ To Left With Right Step Back, Recover Left, Turn ½ To Left With Right Step Back  
7&8 Step Left Back, Close Right Next Left, Step Left Forward

(Restart At Wall 5 Ore 6.00)

## Slide Touch Kick Ball Cross, Slide Touch, Kick Ball Cross

1- 2 Big Step Right To Right, Touch Left Beside Right  
3&4 Kick Left Forward, Close Left Next Right, Cross Right Over Left  
5- 6 Big Step Left To Left, Touch Right Beside Left  
7&8 Kick Right Forward, Close Right Next Left, Cross Left Over Right

(Restart At Wall 9 Ore 6.00)

## Rocking Chair, Jazz Box

1 - 2 Step Right Forward, Recover To Left  
3 - 4 Step Right Back, Recover Left  
5 - 6 Cross Right Over, Step Left Back  
7 - 8 Step Right Side, Step Left Forward

Final - With Stomp Down Right Side (Ore 12.00)

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