

Love Really Hurts

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Phyllis Brown (AUS) - 2003

Music: Love Really Hurts Without You - Billy Ocean



Right Side Toe Heel, Left Side Toe Heel

1 2 3 4 Step toe to the right & drop heel, Step left toe to the left & drop heel
5 6 7 8 Step right toe to centre & drop heel, Step left toe to centre & drop heel

Step, Hip Bumps, Step Touch x 2

1 & 2 Step forward on right & bump hips (right left right)
3 4 Step long on left & touch right next to left
5 & 6 Repeat 1 & 2
7 8 Repeat 3 & 4

Step, Hitch Step x 2, Sailor Shuffles

1 2 Step back on right foot whilst hitching left
3 4 Step back on left foot whilst hitching right
5 & 6 Step right behind left, step left to left, step right to right
7 & 8 Step left behind right, step right to right, step left to left

Vine Right ¼ turn, Step Pivot ½ turn, Step, Shuffle

1 2 3 Step right to right, step left behind, step right to right turning ¼ turn right
4 5 6 Step forward on left & pivot ½ turn right, step forward on left
7 8 Shuffle forward, (right, left, right)

Side Rock steps x 2, Travelling Twists

1 & 2 Rock left to left, rock right to right, step left next to right
3 & 4 Rock right to right, rock left to left, step right next to left
5 6 Twist heels right, twist toes right
7 & 8 Twist heel left, twist toes left, twist heels left

Reverse Pivot ½ turn, Step Pivot ½ turn

1 2 Step right behind left & pivot ½ turn right
3 4 Step forward on left & pivot ½ turn right (weight on right)

Triple step ½ turn, Rock Steps

5 & 6 Step forward on left to begin ½ turn triple step to right (left right left)
7 8 Rock back on the right, rock forward on the left

Toe Points, Cross Pivot ½ turn, Shuffle forward

1 2 Touch right toe to the right, cross right over left
3 4 Touch left toe to left, cross left over right
5 6 Touch right to right, cross right over left & pivot ½ turn left (weight of right)
7 & 8 Shuffle forward (left right left)

Step Forward, Touch, Step Back, Touch

1 2 Step forward on right, touch left next to right
3 4 Step back on left, touch right next to left

Reverse Pivot ½ turn, Step, Step, Stomp

5 6 Step back on right & Pivot ½ turn left, step forward on left
7 8 Step forward on right, stomp left next to right

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