

Rock Bottom

Count: 32

Wall: 4

Level: Beginner

Choreographer: Sonny V. (DE) - April 2021

Music: Rock Bottom - Eli Mosley



- Start after 16 counts together with vocals - No Tags & No Restarts

[1-8] Rocking Chair, Rock Fwd., Recover, Chassé Right

1-2 Rock fwd. with RF - recover on LF
3-4 Rock back with RF - recover on LF
5-6 Rock fwd. with RF - recover on LF
7&8 RF right - LF step next to RF - RF right

[9-16] Rocking Chair, Rock Fwd., Recover, Chassé Left

1-2 Rock fwd. with LF - recover on RF
3-4 Rock back with LF - recover on RF
5-6 Rock fwd. with LF - recover on RF
7&8 LF left - RF next to LF - LF left

[17-24] Back, Touch, Shuffle Fwd. 2x, Step Fwd., ¼ Turn Right

1-2 RF back - LF touch next to RF
3&4 LF fwd. - RF next to LF - LF fwd.
5&6 RF fwd. - LF next to RF - RF fwd.
7-8 LF fwd. - ¼ turn right step on RF (3:00)

[25-32] Jazz Box Touch, Step Out, Toes In, Heel In, Flick Out

1-2 cross LF in front of RF - RF back
3-4 LF left - RF touch next to LF
5-6 RF step diagonally out - bring R toes in
7-8 bring R heel in - flick RF out behind (R knee comes to L knee)

Rock it and have fun...

Contact: dancing-unicorn@gmx.net

Last Update: 23 Jan 2023
