

# Head & Heart

**COPPER** KNOB  
BY STEPHEN T. C.

Count: 32

Wall: 4

Level: Beginner

Choreographer: Ari Linedance (KOR) - April 2021

Music: Head & Heart (feat. MNEK) - Joel Corry



**No Tag, No Restart**

**Sec. 1] Knee in (R,L), Jump, Swivel (Toe, Heel, Toe), Knee up**

12 Step R Knee in, Jump to R (hand up R)  
34 Step L Knee in, Jump to L (hand up L)  
5678 Swivel (Toe, Heel, Toe), R Knee up Cross

**Sec. 2] Side Touch (R,L), Ball Swivel, Sailor, Sailor 1/4T L**

1&2& Step R Touch to side, R Together, L Touch to side, L together  
3&4 Step R Ball Forward, R Swivel Heel out, R Swivel Heel in  
5&6 Step R behind L, L Together, R side to R  
7&8 1/4Turn L Step L behind R, Step R To R, Step L Forward

**Sec. 3] Forward Kick, Back, Side, Together, Side Shuffle**

1&2 Step R Kick Forward, R Step Place, L Touch behind R  
3&4 Step L Kick Forward, L Step Place, R Touch behind L  
56 Step R to R, L Together  
7&8 Side Shuffle (RLR)

**Sec. 4] Cross Touch (L,R), 1/2 pivot T R, Shuffle Forward**

12 Step L Cross Touch, L Side to L  
34 Step R Cross Touch, R Side to R  
56 Step L Forward, 1/2 Pivot Turn R  
7&8 Forward Shuffle (LRL)

Thank you^^

Enjoy the Dance

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