

Count: 32

Wall: 4

Level: Beginner

Choreographer: Jun Andrizar (INA) - March 2021

Music: Lifestyle (feat. Adam Levine) - Jason Derulo



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## **I. STEP SIDE TOGETHER RIGHT , CROSS ROCK , 1/4 TURN LEFT , SHUFFLE FWD**

1-2 Step R to side , Close L beside R  
3&4 Step R to side , Close L beside R , Step R to side  
5-6 Cross L over R , Recover on R  
7&8 1/4 Turn left step L fwd , Close R beside L , Step L fwd

## **II. LOCK SHUFFLE , 1/2 TURN RIGHT WITH HOOK , SHUFFLE FWD**

1-2 Step R fwd , Step lock L behind R  
3&4 Step R fwd , Step lock L behind R , Step R fwd  
5-6 Step L fwd , 1/2 Turn right step hook on R  
7&8 Step R fwd , Close L beside R , Step R fwd

## **III. HEEL GRIND , COASTER STEP , KNEE POP , COASTER STEP**

1-2 Step L fwd , Heel grind on L  
3&4 Step L back , Close R beside L , Step L fwd  
5&6 Step R fwd , bounce up,drop on R-L  
7&8 Step R back , Close L beside R , Step R fwd

## **IV. STEP SIDE , BEHIND SIDE CROSS , STEP SIDE TOUCH**

1-2 Step L to side , Recover on R  
3&4 Cross L behind R , Step R to side , Cross L over R  
5-6 Step R to side with bend , Step point diagonal on L  
7-8 Step L to side with bend , Step point diagonal on R

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