

If You Love Her

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Rhoda Lai (CAN) - February 2021

Music: If You Love Her - Forest Blakk



<https://music.apple.com/us/album/if-you-love-her-single/1531463193>

Intro: 4 counts

Notes: Restart after 16a counts during Walls 2 & 4 ***

TAG: 4-count Tag at the end of Wall 3

S1: Prissy Walk R L, Chase ½ L, L Fwd ½ R Spiral, ¼ R Sway R L, R Whisk, ¼ L Sweep R

- 1 Step R forward & slightly across L, bringing R hand out as if to grab something from the front
2 Step L forward & slightly across R, reaching L hand with R hand & bring both hands towards the chest

(Counts 1,2 will match the lyrics 'Take it'. Hold this hand position until Count 4a for the lyrics 'Heart')

- 3&a Step forward R, ½ L stepping L beside R, step forward R (6:00)
4a Step forward L, spiral ½ R
5 Continue with ¼ R and sway to the R, bringing both hands down to the side (3:00)
6 Sway to the L crossing arms over chest (Counts 5, 6 to match the lyrics 'Break it')
7&a 8 Step R to R side, step L behind R, recover onto R, ¼ L stepping L forward while sweeping R (12:00)

S2: R Cross Unwind ¾ L, L Coaster Step, R Fwd Pivot ½ L, R Twinkle Step, L Lunge recover ¼ L

- 1 2 Cross R over L, unwind ¾ L with weight on R while sweeping L (3:00)
3&a Step L back, step R beside L, step L forward
4 5 Step forward R, pivot ½ L sweeping R (9:00)
6&a Cross R over L, rock L to L side, recover onto R
7 8a Lunge L to R diagonal, recover onto R, ¼ L stepping L forward (6:00)

*** Restart here during Wall 2 (12:00) & Wall 4 (6:00)

S3: R Cross L Kick-hook-cross, Reverse Full L, Sway L R, ¼ L, R Fwd ½ R ½ R

- 1&a Cross R over L, Kick L to L diagonal, hook L over R shin turning to R diagonal on ball of R
2 Cross L over R and prep L shoulder forward for L turn
a3 4 ¼ L stepping back R, ½ L stepping L forward, ¼ L stepping R to R side & dragging L towards R (6:00)
5a Sway L, sway R folding arms over chest as to cuddle (to match the lyrics 'Cuddle')
6 7 ¼ L stepping L forward, step R forward (3:00)
a8 ½ R stepping back L, ½ R stepping R forward while sweeping L (3:00)

S4: L Fwd Point, R Back Point, Fallaway ¾ L, L Fwd Recover Back, R Back Recover, R Fwd Pivot ¾ L

- 1a Step forward L, point R toes to R side
2a Step R behind L, point L toes to L side
3&a Cross L over R, ⅛ L stepping R to R side, step back L (1:30)
4&a Step back R, ¼ L stepping L to L side, step R forward (10:30)
5 6a7 Rock forward L, recover onto R, walk back L, rock back R
8&a Recover onto L, step forward R, pivot ¾ L (6:00)

Tag at the end of Wall 3 (6:00)

- 1 2 Prissy walk R, prissy walk L
3 4 Cross R over L, unwind ½ L ending weight on L

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