

Sand

Count: 32

Wall: 4

Level: Improver

Choreographer: Paula Baker (USA) - February 2021

Music: Sand - Thomas Rhett



(32 count intro - NO tags or restarts)

Side Rock, Behind Side Cross, Side Rock, Coaster 1/4 turn Left

- 1- 2 Rock side on Right, Recover on Left
- 3&4 Step behind with Right, Step Left with Left, Cross Right over Left
- 5-6 Rock side on Left, Recover on Right
- 7&8 Step on left turning 1/4 Left, Step together with Right, Forward with Left

Skate R, Skate L, Shuffle Fwd, Rock Fwd. Left, Rec. Right, Shuffle 1/2 turn Left

- 1-2 Skate Forward Right, Skate Forward Left
- 3&4 Shuffle Forward Right, Left, Right
- 5-6 Rock Forward on Left, Recover on Right
- 7&8 Shuffle Left, Right, Left making 1/2 Turn Left

Samba with Right, Samba with Left, Rocking Chair, Turn 1/4 Left

- 1&2 Cross Right over Left, Side Rock Left, Recover on Right
- 3&4 Cross Left over Right, Side Rock Right, Recover on Left
- 5&6& Rock Right Forward, Recover Left, Rock back Right, Recover Left
- 7-8 Step Forward on Right, Make 1/4 turn Left on Left

Step Touch, Step Kick, Coaster Step, Touch Fwd, Side, Sailor Step 1/4 turn Left

- 1&2& Step Forward on Right, Tap Left behind Right, Step back Left, Kick Right
- 3&4 Step back on Right, Together with Left, Forward on Right
- 5-6 Touch Forward with Left, Touch Side with Left
- 7&8 Sweep L behind R making 1/4 L, Step to Right side, Recover on Left

Hope you ENJOY !

Contact: Paula Baker - Email: punkyncoco@aol.com

Last Update - 24 Feb. 2021-R2