

# Mueve La Cintura

Count: 32

Wall: 4

Level: Improver

Choreographer: Indahwati Rahardja (INA), Adelaine Ade (INA) & Suhada Husen (INA) -  
February 2021

Music: Mueve la Cintura - Pitbull, Tito El Bambino & Guru Randhawa



Start opening dance \* Option ( Free Style 32 Count ) on lyric "Sola"

## Main Dance

Start after 32 count with the lyrics

### Sec 1 - Cross Samba , Rock, Recover, 1/2 Turn, Step Fwd , Close

1&2 RF Cross over LF, LFside step , RF recover  
3&4 LF Cross over RF, RFside step , LF recover  
5&6 R rock fwd, L recover, 1/2 turn right RF step fwd ( facing 6.00 )  
7&8 L Step fwd , R step fwd , L close together ( \*option : shake the shoulders )

### Sec 2 - Back Cross Mambo , Brush, Touch Diagonal, Hip Roll, Hip Bump

1&2 R cross behind , L recover, R close together  
3&4 L cross behind , R recover, L close together  
5, 6 R brush , touch diagonal  
7, 8. R hip roll, hip bump to the L

### Sec 3 - Chase ,1/4 turn, Fwd Mambo

1&2 R side step, L close together, R side step  
3&4 1/4 turn right L side step, R close together, L side step ( facing 9.00 )  
5&6 R Rock fwd, L recover, R close together  
7&8 L Rock fwd, R recover, L step back

### Sec 4 - Simple Batucada Step , Swivel, Touch back 1/2 Turn, Side Touch , Close

1 Press R toes with the hip roll  
&2 R Step back and Press L toes with the hip roll  
& L close together  
3,4 Turn both heels to the R, L  
5,6 R touch back, 1/2 turn R body weight on the RF ( Facing 3.00 )  
7,8 L side touch, L close together ( touch L leg & hip in sexy style )

## Tag 1 : 16 Count

On Wall 3 after 16 count ( facing 12.00 )

### Sec 1: Prissy Walk , Rock, Recover, Step Back

1-2 Walk R cross over L  
3-4 Walk L cross over R  
5,6 R rock fwd, recover  
7,8 R big step back, drag L close together

### Sec 2: Prissy Walk Turn R

1-2 1/4 turn right R walk cross over L  
3,4 1/4 turn right L walk cross over R  
5,6 1/4 turn right R walk cross over L  
7,8 1/4 turn right L walk cross over R ( facing 12.00 )

## Tag 2 : 8 Count

On Wall 9 after 16 count ( facing 9.00 )

( Tag 1 Section 1 with the change step on the count 7-8 1/4 turn R facing 12.00 )

Stay Safe, Happy Dancing

Contacts: -

Indahwati: [memeindah25@gmail.com](mailto:memeindah25@gmail.com)

Suhada: [Suhadahusen7@gmail.com](mailto:Suhadahusen7@gmail.com)

Ade: [adea814.aa@gmail.com](mailto:adea814.aa@gmail.com)

---