

# Wo Zhe Yi Sheng

**COPPER** **NOB**  
BY STEPHEN T. C.

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** BM Leong (MY) - February 2021

**Music:** Wo Zhe Yi Sheng (我这一生) (DJ版) - Ma Jian Tao (马健涛)



**Intro: 32 counts.**

## **S1: HEEL, HEEL, SAILOR-CROSS X 2**

- 1-2 Tap right heel to right diagonal twice
- 3&4 Cross R behind L, step L to left side, cross R over L
- 5-6 Tap left heel to left diagonal twice
- 7&8 Cross L behind R, step R to right side, cross L over R

## **S2: RIGHT LINDY, LEFT VINE 1/4 TURN LEFT, SCUFF**

- 1&2 Cha cha to right side on RLR
- 3-4 Cross L behind R, recover onto R
- 5-6 Step L to left side, cross R behind L
- 7-8 1/4 turn left stepping L forward, scuff R forward

## **S3: TWIST RIGHT & LEFT ON HEELS-TOES-HEELS WITH CLAPS**

- 1-2 Twist right on heels, twist right on toes
- 3-4 Twist right on heels, clap
- 5-6 Twist left on heels, twist left on toes
- 7-8 Twist left on heels, clap

## **S4: FORWARD ROCK, TRIPLE 1/2 TURN RIGHT, FORWARD ROCK, COASTER STEP**

- 1-2 Rock R forward, recover onto L
- 3&4 Triple 1/2 turn right on RLR
- 5-6 Step L forward, recover onto R
- 7&8 Coaster step on LRL

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