

# Hop-A-Lot

Count: 38

Wall: 4

Level: Phrased Intermediate

Choreographer: Oliver Neundorf (DE) - February 2021

Music: Hop-A-Lot - James Carothers



**Note:** The dance begins with the use of the song

Sequence: AB, AB, A \*, BB, B \*, AB, Tag, A \*\* A \*\*, Ending

## Part / Part A (4 wall)

### A1: Jump forward 2, rocking chair, kick-ball-change

- 1-2            2 small jumps forward with both feet, weight at the end on the left
- 3-4            step forward with right - weight back on left foot
- 5-6            step backwards with the right - weight back on the left foot
- 7 & 8          Kick right foot forward - put right foot next to left and Step left on the spot

### A2: Jump forward 2, rocking chair, kick-ball-change

- 1-8.            Like step sequence A1

(Tag / restart for A \*: stop here, hold 2 beats and continue dancing with part B - 12 noon)

(Tag / restart for A \*\*: cancel here and continue dancing according to the sequence - 12 noon)

### A3: Steps in place turning ¼ l, hold 2

- 1-4.            4 steps on the spot, doing a ¼ turn to the left (r - l - r - l) (9 o'clock)
- 5-6.            Hold 2 beats

## Part / Part B (4 wall; starts the 1st time towards 9 o'clock)

### B1: Charleston steps 2x

- 1-2            Touch the toe of the right foot at the front - step backwards with the right
- 3-4            Touch the tip of the left foot at the back - step forward with the left
- 5-8.            Like 1-4

(Restart for B \*: break off here and continue dancing with part A - 6 a.m.)

### B2: Locking shuffle forward r + l, jazz box turning ¼ l

- 1 & 2            step forward with right - cross left foot behind right and Step forward with your right
- 3 & 4            step forward with left - cross right foot behind left and Step forward with your left
- 5-6            Cross right foot over left - ¼ turn to the left and step backwards with left (6 o'clock)
- 7-8            step to the right with right - put left foot next to right

(Note: In the last part B the music will be a little slower, adjust)

## Day / bridge (starts towards 12 o'clock)

Hold 8

[1-8] Hold 8 beats (until music starts again)

## Ending (starts in the direction of 12 o'clock)

Jump forward 2

- 1 & 2            small jumps forward with both feet, weight at the end on the left

(DJ Olli) Oliver Neundorf: Address: Germany

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