

Asyik Bergoyang

Count: 104

Wall: 1

Level: Phrased Improver

Choreographer: Masna Taufik (INA) & Wenarika Josephine (INA) - December 2020

Music: Rock N Roll - D'lloyd



Intro music 64 counts - Dance Sequence : AA BBBB AA B B32 (ending)

PART A (56 counts)

Sect 1 OUT OUT, HOLD, FREE STYLE BODY MOVEMENT

&1 - 2 Step R diag fwd - step L to side - hold
3 - 8 free style (shake body of twist both feet)

Sect 2 IN IN , HOLD, FREE STYLE BODY MOVEMENT

&1 - 2 Step R back to centre - step L beside R - hold
3 - 8 free style (shake body or twist both feet)

Sect 3 CROSS KICK (2X), SIDE CHASSE

1 - 2 Kick R heel cross over L - repeat
3 & 4 Step R to side - close L beside R - step R to side
5 - 6 Kick L heel cross over R - repeat
7 & 8 Step L to side - close R beside L - step L to side

Sect 4 : CROSS KICK (2X), SIDE CHASSE

1 - 2 Kick R heel cross over L - repeat
3 & 4 Step R to side - close L beside R - step R to side
5 - 6 Kick L heel cross over R - repeat
7 & 8 Step L to side - close R beside L - step L to side

Sect 5 FORWARD, SIDE TOUCH, BACKWARD, SIDE TOUCH

1 - 4 Step R fwd - touch L to side - step L fwd - touch R to side
5 - 8 Step R back - touch L to side - step L back - touch R to side

Sect 6 BACK ROCK, FORWARD SHUFFLE, PIVOT ½ RIGHT, FORWARD SHUFFLE

1 - 2 Rock R back - recover on L
3 & 4 Forward shuffle on R-L-R
5 - 6 Rock L fwd - turn ½ right recover on R(6.00)
7 & 8 Forward shuffle on L-R-L

Sect 7 PADDLE ½ TURN LEFT

1 - 4 Rock R to side - recover on L - ¼ turn left rock R to side - recover on L ... (3.00)
5 - 8 Turn ¼ left rock R to side - recover on L - rock R to side - recover on L ... (12.00)

PART (48 counts)

Sect 1 ROCKING CHAIR, FORWARD ROCK, COASTER STEP

1 - 6 Rock R fwd - recover on L - rock R back - recv on L - rock R fwd - recv on L
7 & 8 Step R back - L beside R - step R fwd

Sect 2 ROCKING CHAIR, FORWARD ROCK, COASTER STEP

1 - 6 Rock L fwd - recover on R - rock L back - recv on R - rock L fwd - recv on R
7 & 8 Step L back - R beside L - step L fwd

Sect 3 TOUCH OUT TOUCH IN , SLIDE , DRAG

1 - 6 Touch R to side - touch in - touch to side - touch in - touch to side - touch in

7 - 8 Slide R to side - drag L touch beside R

Sect 4 TOUCH OUT TOUCH IN , SLIDE , DRAG

1 - 6 Touch L to side - touch in - touch to side - touch in - touch to side - touch in

7 - 8 Slide L to side - drag R touch beside L

Sect 5 FWD KICK, SIDE KICK, SAILOR STEP

1 - 2 Kick R fwd - kick R to side

3 & 4 R behind L - step L to side - step R to side

5 - 6 Kick L fwd - kick L to side

7 & 8 L behind R - step R to side - step L to side

Sect 6 OUT OUT, IN IN , ¼ TURN RIGHT, OUT OUT IN IN

1 - 4 Step R diag fwd - step L to side - ¼ turn right step R to side - step L beside R .. (3.00)

5 - 8 Step R diag fwd - step L to side - step R back to centre - step L beside R

(Ending : dance part B up to 32 counts with original beat even the music start slow down , then walk ¾ circle to the right finish on front wall)

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