

# Keep It Down

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Kelly Cavallaro (USA) & Chris Jacques (USA) - December 2020

**Music:** If I Know Me - Morgan Wallen



**Count In:** 16 count intro

**Restarts:** On walls 2 and 4 after 16 counts

## **[1-9] Step, Sailor, Behind Side Turn, Hip Roll w/ ¼Turn, ½Turn**

1, 2&3 Step R out to R, Sailor Step L, R, L  
4&5 Step R behind L, Step L out to L, Step R making ½Turn to L  
6, 7 Roll hip R, Roll hip back L making ¼Turn to R  
8, 1 Make ½R Stepping Forward on R, ½R, stepping back on L 9:00

## **[10-17] Travelling Body Roll, Coaster Step, Hip Sways, Sailor Step**

2&3 Step back R, L, R Rolling Body down  
4&5 Coaster Step L, R, L  
6, 7 Step R out to R swaying hips R, sway hips L  
8&1 Sailor Step R, L, R 9:00

## **[18-25] Behind Step Sweep, Cross and Turn, Walk Back x2, Coaster Step**

2&3 Cross L Behind R, Step R to R, Step L Forward Sweeping R Forward  
4&5 Cross R over L, Step L to L, Step Back R making ¼Turn R  
6, 7 Walk Back L, R  
8&1 Coaster Step L, R, L 12:00

## **[26-32] Sailor Step Moving Forward, Behind Turn Touch, Syncopated Touches**

2&3 Sailor Step R, L, R Moving Forward  
4&5 Step L Behind R, Step R Making ¼Turn to R, Touch L out to L  
&6&7 Step L next to R, Touch R to R, Step R next to L, Touch L to L  
&8& Step L Next to R, Touch R to R, Hitch R 3:00

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