

Talkin Bout Lit

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Peter Davenport (ES) - November 2020

Music: Lit - Trace Adkins



Start On Lyrics, Aprox 20 Seconds Track Length 3.30

S1: Heel Switches, Heel Hook Step, Touch Twist Both Heels, Coaster Step

1&2& Touch R heel forward (1) Bring R to L (&) Touch L heel forward (2) Bring L to R (&) 12
3&4 Touch R heel forward (3) Hook R foot up under L shin (&) Step forward R (4) 12
5&6 Touch L toe forward (5) Ball of L, twist both heels L (&) Twist heels R (6) (weight on R) 12
7&8 Step L back (7) Bring R to L (6) Step L forward (8) 12

***Restart Wall 2 & Wall 5**

S2: Syncopated Rock Step, Behind Side Cross, Side Rock, Sailor 1/4 L

1&2& Cross rock R over L (1) Recover weight on L (&) Rock R out to R (2) Recover weight on L (&) 12
3&4 Cross R behind L (3) Step L to L (&) Cross R over L (4) 12
5.6 Rock L out to L (5) Recover weight on R (6) 12
7&8 Sailor 1/4 L (come forward on L) 9

S3: Rock Replace, Coaster Step, Rock Replace, Shuffle 1/2 L

1.2 Rock forward R (1) Recover weight on L (2) 9
3&4 Step R back (3) Bring L to R (&) Step R forward (4) 9
5.6 Rock forward L (5) Recover weight on R (6) 9
7&8 Shuffle 1/2 L L.R.L 3

S4: Walk Forward R.L, Chases 1/2 L Touch, Walk Forward R.L, Kick Ball Step

1.2 Walk forward R (1) Walk forward L (2) (alternative steps full turn) 3
3&4 Step forward R (3) Pivot 1/2 L (&) Touch R toe to L (4) (weight on L) 9
5.6 Walk Forward R (5) Walk forward L (6) 9
7&8 Kick R forward (7) Bring R to L (&) Step L forward (8) (weight on L) 9

***Restart Wall 2 & Wall 5**

Dance up to and including counts 7&8 on section 1, restart the dance please.

Choreographers Note:-

Try get the class to Clap along with the music prior to start of the dance, it is in there, just listen.

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