

# Safe and Sound

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Dee Musk (UK) - October 2020

**Music:** Safe and Sound - Capital Cities : (Album: In a Tidal Wave of Mystery - Deluxe Edition - 3:12)



---

**#32 Count Intro - Approx 17 seconds.**

**Side, Twist, Twist, Kick, Step Back, Point, Step Forward, Point.**

- 1-4 Step R to R side, twist both heels R, twist both heels centre, kick R forward.
- 5,6 Step back on R, point L to L side.
- 7,8 Step forward on L, point R to R side. (12 o'clock).

**Right Jazzbox Cross, Side Touch, Side Touch.**

- 1-4 Cross R over L, step back on L, step R to R side, cross L over R.
- 5,6 Step R to R side, touch L beside R.
- 7,8 Step L to L side, touch R beside L. (12 o'clock).

**\*R\* during wall 2 - begin again facing 9 o'clock.**

**Grapevine Right, Touch, Grapevine ¼ Turn Left, Brush.**

- 1-4 Step R to R side, cross step L behind R, step R to R side, touch L beside R.
- 5-8 Step L to L side, cross step R behind L, make a ¼ turn L stepping forward L, brush R forward. (9 o'clock).

**Right Jazzbox Cross, Right V Step.**

- 1-4 Cross R over L, step back on L, step R to R side, cross L over R.
- 5-8 Step out on R, step out on L, step R in, step L beside R. (9 o'clock).

**Restart during wall 2 - dance to count 16, then begin again facing 9 o'clock wall.**

**Contact:** [deedeemusk@gmail.com](mailto:deedeemusk@gmail.com) **Contact:** 07814 295470.

---