

Kays Arrow

COPPER **KNOB**
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Sue Palfrey - October 2020

Music: Follow Your Arrow - Kay 'D' : (CD: Girl Going Nowhere)



Music available from kaydcountry.co.uk

Section 1: SIDE ROCK, SAILOR STEP, FWD. ROCK, SHUFFLE ½

- 1,2 Rock R to R side, recover on L,
3&4 Cross R behind L, step L to L side, step R to R side,
5,6 Rock fwd. on L, recover on R,
7&8 Step Left, Right, Left making ½ turn to the left.

Section 2: WALK FWD. X 2 MAMBO, WALK BACK X 2 COASTER CROSS

- 1,2 Walk fwd. R and L,
3&4 Rock fwd. on R, recover on L, step on R
5,6 Walk back L and R,
7&8 Step back on L, step R next to L, cross L over R.

Section 3: SIDE TOGETHER CHASSE, CROSS ROCK CHASSE ¼

- 1,2 Step R to R, step L next to R.
3&4 Step R to R, step L next to R, step R to R.
5,6 Cross L over R, recover on R
7&8 Step L to L side, step R next to L, ¼ L stepping forward on L

***Restart on wall 8**

Section 4: STEP ½ PIVOT, SHUFFLE ½, WALK BACK X2, COASTER CROSS

- 1,2 Step forward on R, ½ pivot L.
3&4 Step R, L, R making ½ turn to the R.
***Restart on wall 4**
5,6 Walk back L and R,
7&8 Step back on L, step R next to L, cross L over R.

Restarts: Wall 4 after count 28, wall 8 after count 24.

The music slows down during wall 7 , keep dancing to original tempo.