

# Manchester Lady

Count: 32

Wall: 4

Level: Beginner

Choreographer: Allen Sallis (UK) - September 2020

Music: Manchester Lady - Brendan Shine



**Intro: 32 beats from start of music.**

**[1-8] Grapevine right, grapevine left with quarter turn left.**

1-4 Step R to side, step L behind R, step R to side, close L to R.

5-8 Step L to side, step R behind L, step L to side with quarter turn left, close R to L.

**[9-16] Right heel hook, heel close, Pigeon toes, Back left coaster step.**

9-12 Touch R heel forward, hook R heel across L shin, Touch R heel forward, close R foot beside L.

13-14 Heels apart, heels close.

15 & 16 Step back on L, close R to L, step forward on L.

**Dance restarts here on wall 7**

**[17 - 24] Right rumba box.**

17-20 Step R foot to right, close L to R, step forward with R, close L to R.

20-24 Step L foot to left, close R to L, step back with L, close R to L.

**[25-32] Quarter Monterey turn right, right Jazz Box with quarter turn right**

25-26 Point R foot to right, close R to L whilst pivoting  $\frac{1}{4}$  turn right on left foot

27-28 Point L foot to left, close L to R.

29-32 Cross R over L, step back with L, step R to right with quarter turn right, close L to R.

**On wall 7 dance first 16 steps of the sequence and then restart.**

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