

# Let's Get Trashed

Count: 64

Wall: 4

Level: Improver

Choreographer: Lesley Stewart (SCO) - September 2020

Music: Let's Get Trashed - Mica Roberts : (Album: Beer for My Horses - OST)



**Notes:** Start on vocals (32) intro.

**Tag:** At the end walls 3, 4, 5, add step right, touch, step left, touch

## **SIDE, BEHIND, SIDE, CROSS, ROCK, RECOVER, CROSS, HOLD**

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, cross step left over right
- 5-6 Rock right out to right side, recover on left
- 7-8 Cross step right over left, Hold

## **SIDE, BEHIND, SIDE, CROSS, ROCK, RECOVER, CROSS, HOLD**

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side, cross step right over left
- 5-6 Rock left out to left side, recover on right
- 7-8 Cross step left over right, Hold

## **RUMBA BOX**

- 1-2 Step right to right side, step left next to right
- 3-4 Step back on right, touch left next to right
- 5-6 Step left to left side, step right next to left
- 7-8 Step forward on left, touch right next to left

## **RIGHT LOCK STEP, HOLD, STEP TURN STEP, HOLD**

- 1-2 Step forward on right, lock step left behind right
- 3-4 Step forward right, Hold
- 5-6 Step forward left, ½ turn right
- 7-8 Step forward on left, Hold

## **RIGHT LOCK STEP, HOLD, STEP ¼ TURN CROSS, HOLD**

- 1-2 Step forward on right, lock step left behind right
- 3-4 Step forward right, hold
- 5-6 Step forward left, ¼ turn right
- 7-8 Cross step left over right, Hold

## **DWIGHT STEPS RIGHT, TWIST RIGHT**

- 1-2 Touch right toe next to left, touch right heel next to left
- 3-4 Touch right toe next to left, step right to right side
- 5-6 Twist both heels right, toes right
- 7-8 Twist both heels right, toes right

## **DWIGHT STEPS LEFT, TWIST LEFT**

- 1-2 Touch left toe next to right touch left heel next to right
- 3-4 Touch left toe next to right, step left to left side
- 5-6 Twist both heels left, toes left
- 7-8 Twist both heels left, toes left

## **STEP, TOUCH X4 DOING ½ RIGHT**

- 1-2 Step forward right, touch left next to right
- 3-4 Step back left, touch right next to left

5-6            ½ turn right stepping forward on right, touch left next to right  
7-8            Step forward left, touch right next to left

**Start Again..... Happy Dancing.....**

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