

# Hold On

Count: 104

Wall: 2

Level: Phrased Intermediate

Choreographer: Bruno Penet (FR) - August 2019

Music: Hold On - Andy Brown : (CD: Cedarmont)



**SEQUENCE : A – B – A – B – C – A – B – C – C – A – B – B – C – C(Final)**

The Dance begin after 4 count

## **PART A (56 Count)**

### **SECT 1 : OUT-OUT – STEP BACK – COASTER STEP – WEAVE – SCISSOR STEP**

- 1&2 Step Right Heel diagonal Right, step Left Heel diagonal Left, Return Right Back  
3&4 Step Left Back, Step Right beside Left, Step Left Forward  
&5&6 Step Right to Right Side, Cross Left behind Right, Step right to Right Side, Cross Left over Right  
7&8 Step Right to Right Side, Step Left beside Right, Cross Right over Left

### **SECT 2 : FULL TURN LEFT– SIDE ROCK CROSS – STEP FORWARD**

- 1-2 ¼ Turn Left & Step Left Forward (9 :00), ½ Turn Left & Step Right Back (3 :00)  
3-4 ¼ Turn Left & Step Left to Left Side, cross Right over Left (12 :00)  
5-6 Rock Left to Left Side, Recover on Right  
7-8 Cross Left over Right, Step Right Forward

### **SECT 3 : OUT-OUT – STEP BACK – COASTER STEP – WEAVE – SCISSOR STEP**

- 1&2 Step Left Heel diagonal Left, step Right Heel diagonal Right, Return Left Back  
3&4 Step Right Back, Step Left beside Right, Step Right Forward  
&5&6 Step Left to Left Side, Cross Right behind Left, Step Left to Left Side, Cross Right over Left  
7&8 Step Left to Left Side, Step Right beside Left, Cross Left over Right

### **SECT 4 : FULL TURN RIGHT – SIDE ROCK CROSS – STEP FORWARD**

- 1-2 ¼ Turn Right & Step Right Forward (9 :00), ½ Turn Right & Step Left Back (3 :00)  
3-4 ¼ Turn Right & Step Right to Right Side, cross Left over Right (12 :00)  
5-6 Rock Right to Right Side, Recover on Left  
7-8 Cross Right over Left, Step Left Forward

### **SECT 5 : STEP FORWARD – ½ TURN – SHUFFLE FORWARD – ¼ TURN SIDE ROCK – BEHIND SIDE CROSS**

- 1-2 Step Right Forward, Pivot ½ Turn Left (weight on Left) (6 :00)  
3-4 Step Right Forward, Step Left beside Right, Step Right Forward  
5-6 ¼ Turn Right & Rock Left to Left Side, Recover on Right (9 :00)  
7-8 Cross Left behind Right, Step Right to Right Side, Cross Left over Right

### **SECT 6 : SIDE STEP – HOLD – BESIDE SIDE STEP – SCUFF – CROSS ROCK – ¼ TURN SHUFFLE**

- 1-2 Step Right to Right Side, Hold  
&3-4 Step Left beside Right, Step Right to Right Side, Scuff Left beside Right  
5-6 Rock Left over Right, Recover on Right  
7-8 ¼ Turn Left & Step Left Forward, Step Right beside Left, Step Left Forward (6 :00)

### **SECT 7 : (ON DIAGONAL RIGHT) STEP RIGHT, STEP LEFT BEHIND – STEP LOCK STEP – (ON DIAGONAL LEFT) STEP LEFT, STEP RIGHT BEHIND – STEP LEFT – STOMP RIGHT**

- 1-2 (diagonal Right) Step Right Forward, Step Left Behind Right  
3&4 (diagonal Right) Step Right Forward, Step Left Behind Right, Step Right Forward  
5-6 (diagonal Left) Step Left Forward, Step Right behind Left  
7-8 (diagonal Left) Step Left Forward, Stomp Right beside Left

## **PART B (32 Count)**

### **SECT 1 : JUMP DIAGONAL AND TOUCH – JUMP BACK & TOUCH – ROCK BACK & STOMP – SWIVEL – CROSS ROCK – STEP SIDE**

- &1&2 (Jumping) Step Right Forward Diagonal Right, Touch Left Toe beside Right, (Jumping) Step Left Back, Touch Right Toe beside Left
- 3&4 (Jumping) Rock Right Back & Kick Left Forward, Recover on Left, Stomp Right beside Left
- 5&6 Swivel to Right : Right Toe, Right Heel, Right Toe
- 7&8 Rock Left over Right, Recover on Right, Step Left on Left Side

### **SECT 2 : CROSS ROCK – STEP SIDE – ½ TURN – SHUFFLE FORWARD – FULL TURN**

- 1&2 Rock Right over Left, Recover on Left, Step Right to Right Side
- 3-4 Step Left Forward, Pivot ½ Turn Right (Weight on Right)
- 5&6 Step Left Forward, Step Right beside Left, Step Left Forward
- 7-8 ½ Turn Left & Step Right Back, ½ Turn Left & Step Left Forward

### **SECT 3 : JUMP DIAGONAL AND TOUCH – JUMP BACK & TOUCH – ROCK BACK & STOMP – SWIVEL – CROSS ROCK – STEP SIDE**

- &1&2 (Jumping) Step Right Forward Diagonal Right, Touch Left Toe beside Right, (Jumping) Step Left Back, Touch Right Toe beside Left
- 3&4 (Jumping) Rock Right Back & Kick Left Forward, Recover on Left, Stomp Right beside Left
- 5&6 Swivel to Right Right Toe, Right Heel, Right Toe
- 7&8 Rock Left over Right, Recover on Right, Step Left on Left Side

### **SECT 4 : CROSS ROCK – STEP SIDE – ½ TURN – SHUFFLE FORWARD – FULL TURN**

- 1&2 Rock Right over Left, Recover on Left, Step Right to Right Side
- 3-4 Step Left Forward, Pivot ½ Turn Right (Weight on Right)
- 5&6 Step Left Forward, Step Right beside Left, Step Left Forward
- 7-8 ½ Turn Left & Step Right Back, ½ Turn Left & Step Left Forward

## **PART C (16 Count)**

### **SECT 1 : CHASSE RIGHT – ROCK BACK – RECOVER – CHASSE LEFT – ½ TURN STEP SIDE – STOMP**

- 1&2 Step Right to Right Side, Step Left beside Right, Step Right to Right Side
- 3-4 Rock Back on Left, Recover on Right
- 5&6 Step Left to Left Side, Step Right beside Left, Step Left to Left Side
- 7-8 ½ Turn Right & Step Right to Right Side, Stomp Left Beside Left

### **SECT 2 : CHASSE RIGHT – ROCK BACK – RECOVER – CHASSE LEFT – ROCK STEP**

- 1&2 Step Right to Right Side, Step Left beside Right, Step Right to Right Side
- 3-4 Rock Back on Left, Recover on Right
- 5&6 Step Left to Left Side, Step Right beside Left, Step Left to Left Side
- 7-8 Rock Back on Right, Recover on Left

## **PART C (Final)**

### **Part C / Section 2, Replace the Count 7-8 by :**

- 7&8 ½ Turn Right Step Right Forward, Step Left beside Right, Step Right Forward

### **option : Full Turn**

- 9 Step Left Forward

**WORKSHOP – Châlette Sur Loing (45120) – Club : THE HAPPY HEELS - 14 Septembre 2019 Challenge**

**Boy – CRAZY DANCERS OF COUNTRY MUSIC**

**Site : <http://challengeboycountry.free.fr>**

---