

Happiness

Count: 48

Wall: 2

Level: Easy Improver

Choreographer: Hazel Casemore (UK) - August 2020

Music: Happiness - McFly



Section (1) Samba Right Samba Left Walk Walk Right Shuffle Forward

1&2 Samba Right
3&4 Samba Left
5-6 Walk R Walk L
7&8 Right Shuffle Forward

Section (2) Samba Left Samba Right Walk Walk Left Shuffle Forward

1&2 Samba Left
3&4 Samba Right
5-6 Walk L Walk R
7&8 Left Shuffle Forward

Section (3) Rock Right Recover Shuffle Back Knee Pops

1-2 Rock Forward On The Right And Recover
3&4 Right Shuffle Back
5&6 Back Left Knee Pop Right Knee Pop
7&8 Back Left Knee Pop Right Knee Pop

Section (4) Coaster Step Sailor Right Sailor Left Sailor ¼ Turn

1&2 Left Coaster Step
3&4 Right Sailor
5&6 Left Sailor
7&8 Right Sailor With A ¼ Turn To Face 3 O'clock Wall

Section (5) Side Together Cha Cha Cha Rock Back With Kickball Cross

1-2 Right Side Together Side
3&4 Cha Cha Cha
5&6 Rock Back Left And Recover
7&8 Left Kickball Cross Over Right

Section (6) Left Grapevine ¼ Turn Kickball Point

1-2 3-4 Left Grapevine
5&6 ¼ Turn Right Step On Right To Face Back Wall
7&8 Left Kickball Step And Point Right To Right Side

Last Update – 1 Sept. 2020
