

Fit for a Queen

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Lucy Cooper (UK) - July 2020

Music: Kings & Queens - Ava Max



Note: This is actually a 2 wall dance, however due to the restarts it turns to the other 2 walls briefly, which is why it is classed as a 4 wall dance.

Intro: 32 Counts

Side, Together, Chasse Right, Cross, Full Unwind R, Chasse Left

- 1 2 Step right to side, bring left together
- 3&4 Step right to side, step left together, step right to side
- 5 6 Cross left over right, unwind full turn right (ending with weight on right)
- 7&8 Step left side, step right together, step left side

Back with knee pop, Recover, Side Rock, Recover, Cross, Back 1/8 R, Kick-ball-cross turning 1/8 R

- 1 2 (Facing right diagonal) Rock back on the right popping the left knee, recover onto left
- 3 4 Rock right to right side, (straightening up to 12.00) recover onto left
- 5 6 Cross right over left, step left back turning 1/8 right (1.30)
- 7&8 Kick right forward, ball step right slightly to side turning 1/8 right, cross left over right (3.00)

Restart here on wall 3, starting the dance again at 3.00

Side Rock, Recover, Cross, Point, Cross, Point, Forward Rock, Recover

- 1 2 Rock right to right side, recover onto left
- 3 4 Cross right over left, point left out to left side
- 5 6 Cross left over right, point right out to right side
- 7 8 Rock forward on right, recover onto left

Full Turn R, Back, Hook, Forward, Touch, Side, Touch, Side, Touch

- 1 2 Step right forward turning 1/2 right, step left back turning 1/2 right (3.00)
- 3 4 Step right back, hook left across right
- 5 6& Step left slightly forward, touch right beside left, step right to side
- 7&8 Touch left beside right, step left to side, touch right beside left

TAG: 4 count tag, then restart here on wall 5

Side, Together, Forward mambo, Left Out, Heel tap, Side Rock, Flick

- 1 2 Step right to side, bring left together,
- 3&4 Rock right forward, recover onto left, step right together,
- 5 6 Step left to side (keeping weight on right), tap left heel (placing weight onto left after)
- 7 8 Rock right to right side, recover onto left flicking right

Cross, Side, Sailor Step, Cross, Hinge Turn 1/2 L, Side, Touch

- 1 2 Cross right over left, step left to side
- 3 4 Cross right behind left, step left to side, step right to side
- 5 6 Cross left over right, step right back turning 1/4 left,
- 7 8 Step left to side turning 1/4 left, touch beside left (9.00)

Side rock, Sailor Step, Back Rock, 3/4 Turn R

- 1 2 Rock right to right side, recover onto left
- 3&4 Cross right behind left, step left to side, step right to side
- 5 6 Rock back on left, recover onto right
- 7 8 Step left to side turning 1/4 right, step right to side turning 1/2 right (6.00)

Cross, Hold, Side Rock Cross, Side Rock, Behind Side Cross

- 1 2 Cross left over right, hold
- 3&4 Rock right to side, recover onto left, cross right over left
- 5 6 Rock left to side, recover onto right
- 7&8 Cross left behind right, step right to side, cross left over right

Restarts and Tag

Wall 3 (12:00) — Dance first 16 counts. Restart dance facing 3.00

Wall 5 (9.00) — Dance first 32 counts, 4 count tag, then restart at 12.00

TAG: 4 Count Tag: V step

- 1 2 Step right out to right diagonal, step left out to left diagonal,
- 3 4 Bring right back in, bring left back in

Optional ending

Instead of the 'Behind Side Cross' at the end, step left to side turning ½ left and strike your finishing pose!
