

This Feeling

Count: 32

Wall: 4

Level: Improver

Choreographer: Nathan Gardiner (SCO) - June 2020

Music: This Feeling - Abby Anderson



Intro: 16 counts

Side R, Behind Side Cross, Scissor Cross, Scissor Cross, Side R

- 1 Step R to R side
- 2&3 Step L behind R, Step R to R side, Cross L over R
- 4&5 Step R to R side, Step L next to R, Cross R over L
- 6&7 Step L to L side, Step R next to L, Cross L over R
- 8 Step R to R side

Sailor Step L & R, Behind, Side R, Samba ¼ L

- 1&2 Step L behind R, Step R to R side, Step L to L side
- 3&4 Step R behind L, Step L to L side, Step R to R side
- 5-6 Step L behind R, Step R to R side
- 7&8 Cross L over R, Rock out to R side, Recover turning ¼ L

Dorothy R & L, Kick & Point R & L

- 1-2& Step R to R diagonal, Lock L behind R, Step slightly forward on R
- 3-4& Step L to L diagonal, Lock R behind L, Step slightly forward on L
- 5&6 Kick R forward, Step R next to L, Point L to L side
- 7&8 Kick L forward, Step L next to R, Point R to R side

Rock Forward, Recover, Triple Full Turn, Rock Forward, Recover, Coaster Step

- 1-2 Rock forward on R, Recover on L
- 3&4 Triple full turn on the spot stepping R, L, R
- 5-6 Rock forward on L, Recover on R
- 7&8 Step back on L, Step R next to L, Step forward on L (slightly crosses over R)

Restarts: On walls 3 & 6 dance first 8 counts then add an & count to restart the dance

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