

Count: 32 Wall: 2 Level: Phrased Improver

Choreographer: Irene Ardianti (INA) - May 2020

Music: Mandy by: Barry Manillow



(1 Tag: 8 Counts, 1 Bridge: 4 Counts)

Patterns: A-A-B-Tag-A-B-Tag-Bridge-Tag-B-B-B

Start dancing on vocal.

PART A:(16 Counts)

I. BACKWARD STEP WITH LEG SWING FORWARD – COASTER STEP – FORWARD RUN - FORWARD ROCK – SIDE ROCK – BACKWARD STEP WITH SWEEP ACTION – BACKWARD ROCK

1 R step backward then L swing forward (1)

2&3 L step backward (2), R step next to L (&), L step forward (3)

4& Run forward on R (4), L (&)

5& R step forward (5), recover to L (&)
6& R step to side (6), recover to L (&)

7 R step backward while L sweep backward on ball (7) 8& step backward slightly on L (8), recover to R (&)

II. TURN ¼ - NIGHT CLUB BASIC - SIDE STEP - TURN ¾ TO LEFT WITH SWEEP ACTION - COASTER STEP FOLLOWED BY CURVING FEATHER - SWAY

1-2& turn ½ to right (03.00) then L make a big step to side (1), R step behind L (2), recover to L (&)

3 R step to side then turn 3/4 to left (06.00) while L sweep backward on ball (3)

4&5 L step backward (4), R step next to L (&), L step forward (5)

Turn 1/8 to right (07.30) then R step forward (&), turn 1/8 to right (09.00) then L step forward

(6)

&7 R step forward (&), turn ½ to right (12.00) then L step to side (7)

8& recover to R while swaying to right (8), recover to L while swaying to left and drag R on ball

(&)

PART B: (16 Counts)

I. VINE - TURN 1/4 TO RIGHT - FORWARD STEP - MILITARY TURN - TURN 1/2 WITH SWEEP - SYNCOPATED VINE - DIAGONAL FORWARD ROCK

1-2&	R step to side (1),	L cross slightly behind I	R (2), turn ¼ to r	ight (03.00) then I	R step forward (&)
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L step forward (3), turn ½ to right (09.00) then R step step slightly forward (&)
L step forward (4), turn ½ to right (03.00) then R step slightly forward (&)

5 turn ½ to right on R while L sweep forward on ball (09.00)

6& L cross over R (6), R step to side (&)
7& L cross behind R (7), R step to side (&)

8& turn 1/8 to right (10.30) then L step forward (8), recover to R (&)

II. VINE – SIDE – DIAGONAL FORWARD TOUCH – SIDE – DIAGONAL FORWARD TOUCH – SPIRAL TURN – FORWARD STEP – CLOSE TOUCH

1	Turn 1/8 to left (09.00) then L step to side (1)
2&	R cross slightly behind L (2), L step to side (&)

3 turn 1/8 to left (07.30) then L bend on knee while R straightly point on toe (3)

4 turn 1/8 to right (09.00) then R step to side (4)

5 turn 1/8 to right (10.30) then R bend on knee while L straightly point on toe (5)

6 turn 1/8 to left (09.00) then L step L to side (6)

7&8& turn ¼ to left (06.00) then R step forward (7), make a full turn (06.00) to left (&), L step

forward (8), R drag next to L on ball (&)

TAG: 8 Counts

I. MODIFIED FORWARD ROCKS WITH LUNGE AND CLOSE – TURN ½ WITH SWEEPING ACTION – INPLACE STEP

1-2& R make a big step forward with R knee bend forward (1), recover to L (2), R step next to L (&)

3-4& L make a big step forward (3), recover to R (4), L step next to R (&) 5-6 R step forward (5), turn ½ to left (06.00) then L step slightly forward (6)

7-8 turn ½ to left on L (12.00) while R sweep forward (7), R drag next to L on ball (8)

BRIDGE (4 Counts)

I. SIDEWARD LUNGE - HOLDS - RECOVER - DRAG

1 R make a big step to side then bend on R knee (1)

2-3 Hold for 2 (two) counts (2-3)

4 Recover to L while R drag next to L on ball (4)

ENJOY THE DANCE

For more information, kindly contact me on: irenetanardianti@gmail.com