

# Eatin' Right and Drinkin' Bad

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Nancy Rosera (USA) - April 2020

**Music:** Eatin' Right and Drinkin' Bad - Ronnie Beard



## Lindy R and L

1&2 3 4 Shuffle right R L R, rock back L, recover R  
5&6 7 8 Shuffle left L R L, rock back R, recover L

## K Step

1 2 Diag: Fwd R, touch L next to R  
3 4 Diag: Back L, touch R next to L  
5 6 Diag: Back R, touch L next to R  
7 8 Diag: Fwd L, touch R next to L

## Right Vine, Left Vine w/1/4 turn left

1 2 3 4 R to right, L behind R, R to right, brush L  
5 6 7 8 L to left, R behind L, turn 1/4 left, step L, brush R

## Jazz Box, Sway R L R L

1 2 3 4 R over L, back L, R to right, step L  
5 6 7 8 Sway R L R L

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