

# Sekali ini saja

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 16

**Wall:** 4

**Level:** Improver

**Choreographer:** Maya Sofia (INA) & Atiek Sumiyati (INA) - April 2020

**Music:** Sekali Ini Saja - Glenn Fredly



## No Tag No Restart

### S1. BASIC NC - FULL TURN - UNWIND - RUNNING - ROCK - RECOVER - BACK

- 1-2& Step R to side,, cross L slightly behind R,, cross R over L  
3-4& 1/4 turn to left Step L forward,, 1/2 turn to left, Step R back,, 1/4 turn to left Step L to side (12.00)  
5-6& Cross R over L and 3/4 turn to left,, running forward L,,R (03.00)  
7-8& Rock L forward,, recover on L,, step L back

### S2. BACK - BACK LOCK SHUFFLE,, TURN - BACK - SIDE - FORWARD - PIVOT - CROSS - SWAY - SWAY

- 1-2& Step R back and sweep L from front to back,, step L back,, cross R over L  
3-4& Step L back and 1/4 turn to right with sweep from front to back (06.00),, step R back,, step L to side  
5-6& Step R forward,, step L forward,, 1/4 turn to right recover on R  
7-8& Cross L over R,, step R to side and sway,, recover on L

Thanks

Terakhir diubah: 15:00

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