

# Break Up

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Jo Myers (UK) - April 2020

Music: Break Up Song - Little Mix : (amazon.co.uk or iTunes)



## One Restart on Wall 5 (See \*)

### #8 count intro – just before vocals

#### Section 1: Walk Walk, Right Rock & Cross, Left Rock & Cross, 3/4 Turn Left

- 1-2 Walk forward right. Walk forward left.  
3&4 Rock right to right side. Recover onto left. Cross right over left.  
5&6 Rock left to left side. Recover onto right. Cross left over right.  
7-8 Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. (3:00)

#### Section 2: Rock Step 1/2 Turn Right, Full Turn Right, Shuffle Forward, Skate Forward

- 1&2 Rock forward onto right. Recover back onto left. Turn 1/2 right stepping right forward.  
3-4 Make full turn right, stepping left back 1/2 turn. Step right forward 1/2 turn.  
5&6 Shuffle step forward, stepping – left, right, left.  
7-8 Skate right forward to right diagonal. Skate left forward to left diagonal. (9:00)

#### Section 3: Right Sailor Step, Left Sailor 1/4 Turn Left, Cross, Rondé Sweep, Cross Shuffle

- 1-2 Cross right behind left. Step left to left side. Step right to place.  
3&4 Cross left behind right. Turn 1/4 left stepping right to right side. Step left beside right.  
5-6 Cross right over left. Sweep left forward from back to front.  
7&8 Cross left over right. Step right to right side. Cross left over right. (6:00)

#### Section 4: Modified Monterey 1/2 Turn Right, Rock & Cross, 3/4 Turn Left, Right Samba Step

- 1-2 Point right to right side. Turn 1/2 right stepping right next to left. (12:00)  
3&4 Rock left to left side. Recover onto right. Cross left over right.  
5-6 Step back on right making 1/4 turn left. Make 1/2 turn left stepping forward on left.  
7&8 Cross right over left. Rock left to left side. Recover onto right. (3:00)  
• Restart: Wall 5 counts 7&8: Samba 1/4 turn - Cross right over left. Rock left to left side making 1/4 turn right. Recover onto right. Add '&' step: step weight onto left, then start the dance again (you will be facing 6:00).

#### Section 5: Syncopated Weave Right, Cross Rock Side, Walk Walk, Out Out In In

- 1&2& Cross left over right. Step right to right side. Cross left behind right. Step right to right side.  
3&4 Cross rock left over right. Recover onto right. Step left to left side.  
5-6 Walk forward on right. Walk forward on left.  
&7 Step right out forward. Step left out forward.  
&8 Step right back to centre. Step left back beside right.

#### Section 6: Point Forward and Back (x2), Step Pivot 1/2 Turn Left, Step Pivot 1/4 Turn Left

- 1-2 (Weight on left) Point right forward. Point right back.  
3-4 Point right forward. Point right back.  
5-6 Step right forward. Pivot 1/2 turn left.  
7-8 Step right forward. Pivot 1/4 turn left. (6:00)

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