

Memories

Count: 32

Wall: 1

Level: Beginner

Choreographer: Heather Shepherd (AUS) - December 2019

Music: Memories - Maroon 5



Weight on the left foot

Tag: Dance first 32 counts, Stomp R foot next to Left , Kick R foot Forward

[1-8] Step Lock, Shuffle 1/2 turn

1-2-3&4 Step Right forward, Step Lock Left Behind Right, (1/2 Lock step) Shuffle 1/2 turn to Right (9.00 o'clock)

5-6-7&8 Step Left forward, Step Lock Right Behind Left, (1/2 Lock step) Shuffle 1/2 turn to Left, (12.00 o'clock)

[1-8] Toe, Heel Shuffle

1-2-3&4 Right Toe, Heel Shuffle

5-6-7&8 Left Toe, Heel Shuffle

[1-8] 'V' Step, Step Back Hold x2

1-2-3-4 Step Right at 45 deg, Step Left at 45 deg, (V step) Step back Right foot , Touch Left

Optional arms out Right, Left and Prayer over heart

5-6-7-8 Step Left at 45 deg, Step Right at 45 deg, (V step) Step back Left foot, Touch Right

Optional arms out Left, Right and Prayer over heart

[1-8] Step to side, together, Coaster

1-2-3&4 Step Right to side, Step Left together, Coaster step

4-6-7&8 Step Left to side, Step Right together Coaster Step.

2 count Tag: (after Coaster steps) End of wall 1

Dance first 32 counts, Stomp R foot next to L, Kick R foot forward

Restart

Contact: cosmiccountry@gmail.com - Phone: 0410614445

Facebook: Cosmic Country Line Dancing

This Dance was Choreographed for Nicole and Flo, on Christmas Day dedicated to their good friend Kerry.
RIP

Last Update – 15 Nov. 2022 - R2