

# Story Of My Life

**COPPERKNOB**  
BY STEPHEN

Count: 32

Wall: 4

Level: Low Intermediate

Choreographer: Frank Heelan (IRE) - March 2020

Music: Story of My Life - Lesley Roy : (Ireland Eurovision 2020)



**Restart: On wall 9 facing 12.00 dance first 16 counts and restart facing 9.00.**

**Sec 1: Kick and point, and point, cross point, side rock recover, cross shuffle.**

- 1&2 Kick right forward, step right next to left, point left to left.
- &3-4 Step left next to right, point right to right, cross point right over left.
- 5-6 Rock right to right, recover to left.
- 7&8 Cross right over left, step left to left, cross right over left. (12.00)

**Sec 2: Step side, turn ¼ full turn right, ½ turn right, shuffle forward.**

- 1-2 Rock left to left, recover ¼ turn right. (3.00)
- 3-4 Turn ½ right step back on left, turn ½ right forward on right.
- 5-6 Step forward left, pivot ½ turn right. (9.00)
- 7&8 Step forward left, right together, forward left.

**Sec 3: Kick ball step, back lock back, turn ¼ , ¼ , sailor ¼ turn.**

- 1&2 Kick right forward, step right next to left, long step forward on left.
- 3&4 Step back right, lock left in front, step back right
- 5-6 Turn ¼ left stepping left to left, (600) turn ¼ left stepping right to right (3.00)
- 7&8 Turn ¼ left sweeping left behind, step right to right, step left to left.(12.00)

**Sec 4: Cross rock recover, ball cross side, sailor ¼ turn, walk right, left.**

- 1-2 Cross rock right over left, recover to left.
- &3-4 Step right to right, cross left over right, step right to right.
- 5&6 Turn ¼ left sweeping left behind, step right to right, recover to left.
- 7-8 Walk forward Right, forward left, (9.00)

Contact: [heelanjohnl@gmail.com](mailto:heelanjohnl@gmail.com)