

Se Mig

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: Judy Rodgers (USA) - February 2020

Music: Se Mig - Barbados



#32 count intro - 1 Tag

S1: Cross rock, shuffle, cross turn 1/4 L, coaster step

1-2 Cross R over L, recover L
3&4 Shuffle right R L R
5-6 Cross L over R, turn 1/4 left step R back 9:00
7&8 Step back L, step R beside L, step L fwd

S2: Step, sweep, step, sweep, rock recover, turn 1/2 R shuffle

1-2 Step R fwd, sweep L from back to front
3-4 Step L fwd, sweep R from back to front
5-6 Rock R fwd, recover L
7&8 Turn 1/2 right shuffle fwd R L R 3:00

S3: Step tap, shuffle, back turn 1/4 R, cross shuffle

1-2 Step L fwd, tap R behind L
3&4 Shuffle back R L R
5-6 Step L back, turn 1/4 right step R to right side 6:00
7&8 Cross L over R, step R to right side, cross L over R

S4: Side, sweep, behind, side, cross & cross, turn 1/4 L together touch

1-2 Step R right side, sweep L from front to back
3-4 Step L behind R, step R to right side
5&6 Cross L over R, step R to right side, cross L over R
7 8 Turn 1/4 left step R back, step L beside R - 3:00

TAG: At the end of Wall 6 (facing 6:00) – add the following 8 counts Dip/sway R, L, R, L (smooth styling: dip/sway cnt 1, soft touch/rise cnt 2)

1-2 Dip/sway right over 2 counts
3-4 Dip/sway left over 2 count
5-6 Dip/sway right over 2 counts
7-8 Dip/sway left over 2 count

Last Update - 14 March 2020