

# The Down & Out BLUES ..

**COPPERKNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Easy Beginner

Choreographer: Val Saari (CAN) - February 2020

Music: The Down & Out Blues - Shane Thompson



Intro 32 counts: begin on the downbeat (right before the word "Ain't")

## CHARLESTON STEPS

1-2 Step RF forward, Kick LF forward  
3-4 Step LF back, Touch RF back  
5-6 Step RF forward, Kick LF forward  
7-8 Step LF back, Touch RF back

## LINDY RIGHT, STEP-FLICKS BEHIND

1&2 Shuffle right, RLR  
3-4 Rock back on LF, Recover on RF  
5-6 LF Step left, Drag RF toes and flick up behind L  
7-8 RF Step right, Drag LF toes and flick up behind R

## RUMBA BOX

1-2 Step LF to left side, Step RF beside L  
3-4 Step LF forward, Hold  
5-6 Step RF to right side, Step LF beside R  
7-8 Step RF back, Hold

## LINDY LEFT TURN 1/4 R, RF ROCKING CHAIR

1&2 Shuffle left (LRL)  
3-4 Rock back on RF Turn 1/4 R, Recover on LF  
5-6 Rock RF forward, Recover LF  
7-8 Rock RF back, Recover LF

## REPEAT

No Tags, No Restarts

Email: [valeriesaari@icloud.com](mailto:valeriesaari@icloud.com)

Phone: 1-905-246-5027

---