

# The Down & Out BLUES ..

**COPPERKNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Easy Beginner

**Choreographer:** Val Saari (CAN) - February 2020

**Music:** The Down & Out Blues - Shane Thompson



**Intro 32 counts: begin on the downbeat (right before the word "Ain't")**

## **CHARLESTON STEPS**

1-2 Step RF forward, Kick LF forward  
3-4 Step LF back, Touch RF back  
5-6 Step RF forward, Kick LF forward  
7-8 Step LF back, Touch RF back

## **LINDY RIGHT, STEP-FLICKS BEHIND**

1&2 Shuffle right, RLR  
3-4 Rock back on LF, Recover on RF  
5-6 LF Step left, Drag RF toes and flick up behind L  
7-8 RF Step right, Drag LF toes and flick up behind R

## **RUMBA BOX**

1-2 Step LF to left side, Step RF beside L  
3-4 Step LF forward, Hold  
5-6 Step RF to right side, Step LF beside R  
7-8 Step RF back, Hold

## **LINDY LEFT TURN 1/4 R, RF ROCKING CHAIR**

1&2 Shuffle left (LRL)  
3-4 Rock back on RF Turn 1/4 R, Recover on LF  
5-6 Rock RF forward, Recover LF  
7-8 Rock RF back, Recover LF

## **REPEAT**

**No Tags, No Restarts**

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