

# Put the Hurt on Me

Count: 28

Wall: 4

Level: Improver

Choreographer: Judy Rodgers (USA) - January 2020

Music: Put the Hurt on Me - Midland : (amazon.com)



# 32 count intro - 1 tag (danced 2 times), and 2 restarts

**S1: Step, turn 1/2 L, turn 1/4 L, hold, rock recover, turn 1/4 R shuffle**

1-2 Step L fwd, turn 1/2 left step R back  
3-4 Turn 1/4 left step L to left side, hold 3:00  
5-6 Cross rock R over L, recover L  
7&8 Turn 1/4 right shuffle fwd R L R 6:00

**S2: Turn 1/4 R side, behind, turn 1/4 L shuffle, step, turn 1/4 L, cross side rock**

1-2 Turn 1/4 right step L to left side, step R behind L 9:00  
3&4 Turn 1/4 left shuffle fwd L R L 6:00  
5-6 Step R fwd, turn 1/4 left L to left side 3:00  
7&8 Cross R over L, rock L to left side, recover R

**\*\*\*Restart here on Wall 3 facing 9:00**

**S3: Step, point, sailor turn 1/2 R, rock, recover, coaster step**

1-2 Step L to fwd, point R to side  
3&4 Turn 1/2 right step R behind L, step left to left side, step R to right side 9:00

**\*\*\*Restart here on Wall 7 facing 9:00**

5-6 Rock L fwd, recover R  
7&8 Step L back, step R beside L, step L fwd

**S4: Step/sway, sway, sway, hold**

1-4 Step/sway R, L, R, hold

**TAG : 4-count tag is danced after Wall 1 (facing 9:00) and after Wall 9 (facing 3:00) :**

**Rocking chair**

1-4 Rock L fwd, recover R, rock L back, recover R

**\*\*2 RESTARTS:**

Wall 3 starts 6:00, dance 16 counts and restart facing 9:00

Wall 7 starts 12:00, dance 20 counts and restart facing 9:00

Facing: 12-tag, 9, 6-restart, 9, 6, 3, 12-restart, 9, 6-tag, 3 ....(end facing 12:00)