

Running at the Dark

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Lucy Cooper (UK) - January 2020

Music: Running at the Dark - Tide Lines



Intro: 16 counts

Forward, Touch, Back, Touch, Back, Touch, Forward, Scuff

- 1 2 Step right forward to right diagonal, touch left beside right
- 3 4 Step left back to left diagonal, touch right beside left
- 5 6 Step right back to right diagonal, touch left beside right
- 7 8 Step left forward, scuff the right

Rock, Recover, Shuffle ½ R, Rock, Recover, Shuffle ½ L

- 1 2 Rock right forward, recover onto left
- 3&4 Step right to side turning ¼ right, bring left in, step right forward turning ¼ right (6.00)
- 5 6 Rock left forward, recover onto right
- 7&8 Step left to side turning ¼ left, bring right in, step left forward turning ¼ left (12.00)

Cross, Point, Cross, Point, Jazz Box ¼ R

- 1 2 Cross right over left, point left out to left side
- 3 4 Cross left over right, point right out to right side
- 5 6 Cross right over left, step left back
- 7 8 Turn ¼ right stepping right to right side, step left beside right

Rocking Chair, Paddle Turn ¼ L, Paddle Turn ¼ L

- 1 2 Rock forward on right, recover onto left
- 3 4 Rock back on right, recover onto left
- 5 6 Step right toe forward turning ¼ left, step left in place
- 7 8 Step right toe forward turning ¼ left, step left in place

Restart: Wall 5 (12.00), restart after 24 counts (after the jazz box, facing 3.00)

End: Wall 13 (6.00), dance first 12 counts to shuffle to the front, then a left rock and coaster to finish at the front
