

# La Bicicleta

**COPPERKNOB**  
BY STEPHENETS

**Count:** 48

**Wall:** 4

**Level:** Improver Salsa style

**Choreographer:** Marc Mitchell (CAN) - December 2019

**Music:** La Bicicleta - Carlos Vives & Shakira



**Intro: 16 counts - Direction: CCW**

## **LEFT FORWARD MAMBO, RIGHT BACK MAMBO, LEFT SIDE MAMBO, RIGHT SIDE MAMBO**

1&2 Step left forward, recover right, step left together  
3&4 Step right back, recover left, step right together  
5&6 Step left to side, recover right, step left together  
7&8 Step right to side, recover left, step right together

## **PADDLE RIGHT 1/4 TURN X 2, LEFT FORWARD SYNCOPATED LOCK STEP, RECOVER**

1-2 Step left forward, pivot 1/4 turn right, weight on right  
3-4 Step left forward, pivot 1/4 turn right, weight on right  
5&6& Step left forward diagonal, lock right behind, step left forward diagonal, lock right behind  
7&8& Step left forward diagonal, lock right behind, step left forward diagonal, recover on right

## **LEFT BEHIND, SIDE, CROSS, SWIVEL 1/2 TURN RIGHT-LEFT, FORWARD SYNCOPATED LOCK STEP**

1&2 Step left behind right, step right to side, cross left over right  
3-4 Swivel by lifting heels 1/2 turn right, swivel 1/2 turn left  
5&6& Step right forward diagonal, lock left behind, step right forward diagonal, lock left behind  
7&8 Step right forward diagonal, lock left behind, step right forward diagonal

## **NIGHT CLUB LEFT & RIGHT, LEFT FORWARD, 1/4 TURN RIGHT, CROSS SHUFFLE**

1-2& Step left to side, step right behind, recover left  
3-4& Step right to side, step left behind, recover right  
5-6 Step left forward, step right side 1/4 turn to right  
7&8 Cross left over right, step right side, cross left over right

## **RIGHT SIDE MAMBO, LEFT SIDE MAMBO, ROCK, RECOVER, 1/2 TURN SHUFFLE**

1&2 Step right to side, recover left, step right together  
3&4 Step left to side, recover right, step left together  
5-6 Step right forward, recover left  
7&8 Step right forward 1/2 turn right, step left together, step right forward

## **LEFT SIDE MAMBO, RIGHT SIDE MAMBO, ROCK RECOVER 1/2 TURN, RIGHT FORWARD LOCK STEP**

1&2 Step left to side, recover right, step left together  
3&4 Step right to side, recover left, step right together  
5&6 Step left forward, recover right, step left forward 1/2 turn left  
7&8 Step right forward diagonal, lock left behind, step right forward diagonal

**RESTART: After 16 counts of wall 6 (9.00)**

**\*ENDING: After 16 counts of wall 9 (9.00). After 12 counts, syncopate the lock step while turning 1/2 turn right for a perfect finish.**

**\*WALL SEQUENCE: 12,9,6,3,12,9,3,12,9**

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