

My Heartache

COPPER KNOB
STEPPERS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Shirley Blankenship (USA) & K. Sholes (USA) - October 2019

Music: Heartache Medication - Jon Pardi



Diagonal Shuffles/Forward - 1/2 Left/ Hook , Shuffle

1&2 3&4 Shuffle forward on right,shuffle forward on left
5-6 Step forward on right, 1/2 left hook left over right
7&8 Shuffle forward Left

Side Rock/ Behind/Side/Cross - Right And Left

1-2 3&4 Side rock Right, recover on left, right behind left,step left, cross right
5-6 7&8 Side rock left,recover on right, left behind right,step right,cross left

Step lock/ Step/ Together/Step - Right And Left

1-2-3&4 Step right forward, left behind, step right, left together ,step right
5-6-7&8 Step left forward, right behind, step left, right together ,step left

Pivot 1/2 left - Pivot 1/4 Left - Rocking Chair

1-2-3-4 Step right forward, pivot 1/2 left ,, Step right forward pivot 1/4 left
5-6-7-8 Rock forward on right,recoverleft,rock back on right,recover left

It's All About Fun

ENJOY
