

# My Girl

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Lesley Stewart (SCO) - October 2019

**Music:** My Girl - The Temptations



**Intro: 8 count intro from heavy beat start on vocals**

**Restart: On wall 6 dance up to count 16 and restart the dance\*\*\*\***

## **HEEL TOE, SHUFFLE, HEEL TOE, SHUFFLE**

- 1-2 Touch right heel forward, touch right toe back
- 3&4 Step forward on right, step left, next to right, step forward on right
- 5-6 Touch left heel forward, touch left toe back
- 7&8 Step forward on left, step right next to left, step forward left

## **ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, ½ TURN SHUFFLE**

- 1-2 Rock on right, recover on left
- 3&4 ½ turn shuffle right, stepping right, left, right
- 5-6 Rock forward on left, recover on right
- 7&8 ½ turn shuffle left, stepping left, right, left\*\*\*\*\*

## **ROCK, RECOVER, CROSS SHUFFLE, ¼ TURN, STEP, SHUFFLE FORWARD LEFT**

- 1-2 Rock out to right side, recover
- 3&4 Cross shuffle left
- 5-6 ¼ turn right stepping back on left, step right to right side
- 7&8 Step forward on left, step right next to left, step forward on left

## **ROCKING CHAIR, JAZZ BOX**

- 1-2 Rock forward on right, recover on left
- 3-4 Rock back on right, recover on left
- 5-6 Cross step right over left, step left to left side
- 7-8 Step right to right side, step forward on left

**Start Again.....Happy Dancing.....**

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