

My Girl

Count: 32

Wall: 4

Level: Beginner

Choreographer: Lesley Stewart (SCO) - October 2019

Music: My Girl - The Temptations



Intro: 8 count intro from heavy beat start on vocals

Restart: On wall 6 dance up to count 16 and restart the dance****

HEEL TOE, SHUFFLE, HEEL TOE, SHUFFLE

- 1-2 Touch right heel forward, touch right toe back
- 3&4 Step forward on right, step left, next to right, step forward on right
- 5-6 Touch left heel forward, touch left toe back
- 7&8 Step forward on left, step right next to left, step forward left

ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, ½ TURN SHUFFLE

- 1-2 Rock on right, recover on left
- 3&4 ½ turn shuffle right, stepping right, left, right
- 5-6 Rock forward on left, recover on right
- 7&8 ½ turn shuffle left, stepping left, right, left*****

ROCK, RECOVER, CROSS SHUFFLE, ¼ TURN, STEP, SHUFFLE FORWARD LEFT

- 1-2 Rock out to right side, recover
- 3&4 Cross shuffle left
- 5-6 ¼ turn right stepping back on left, step right to right side
- 7&8 Step forward on left, step right next to left, step forward on left

ROCKING CHAIR, JAZZ BOX

- 1-2 Rock forward on right, recover on left
- 3-4 Rock back on right, recover on left
- 5-6 Cross step right over left, step left to left side
- 7-8 Step right to right side, step forward on left

Start Again.....Happy Dancing.....
